



TESS Directory



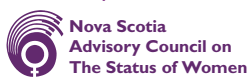
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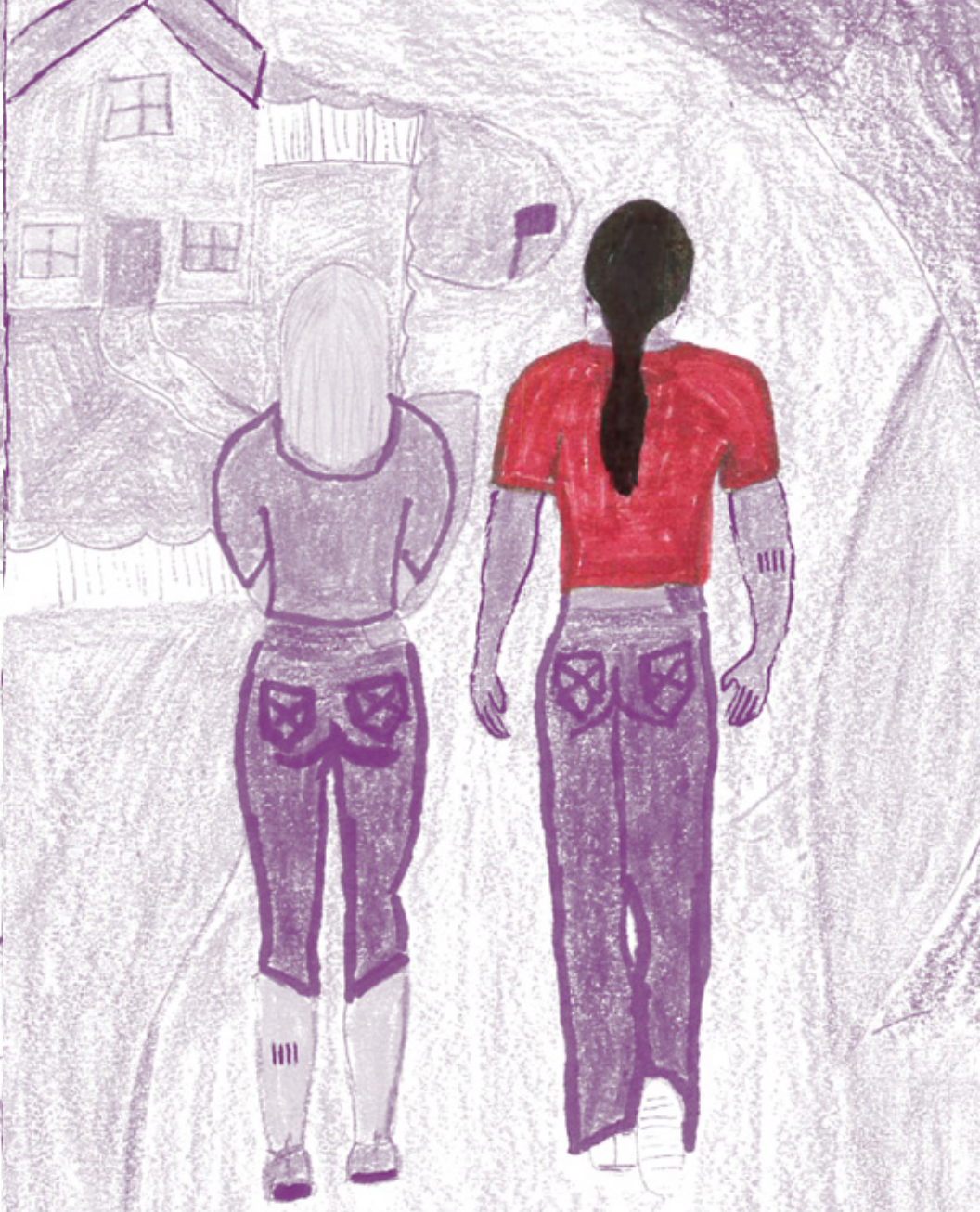


**Trafficking &
Exploitation
Services
System**



We would like to thank the Canadian Women's Foundation and NSACSW
for funding the TESS partnership from 2016-2021





TESS@gwcahalifax.com

f t i @TESSNovaScotia

Back cover and endpaper artwork contributed by
youth connected through the POSSE Program



LAND ACKNOWLEDGEMENT

Pjila'si (Welcome)

We begin this directory by acknowledging that the Trafficking & Exploitation Services System (TESS) partnership operates in Mi'kma'ki, the ancestral and unceded territory of the Mi'kmaq people.

Of particular importance, we recognize colonization as gendered oppression and its relation to the ongoing experiences of Indigenous people with sexual violence and exploitation, most especially Missing and Murdered Indigenous Women and Girls (MMIWG).

In its structure and activities, TESS aims to honour several Calls for Justice stemming from the National Inquiry into MMIWG, including:

- *denouncing and speaking out against violence against Indigenous women, girls, and 2SLGBTQIA people;*
- *breaking down stereotypes and busting myths that hypersexualize and demean Indigenous women, girls, and 2SLGBTQIA people;*
- *providing and promoting ongoing awareness and training on the issue of grooming for exploitation and sexual exploitation;*

- *developing specialized Indigenous/community-led responses to the issue of human trafficking and sexual exploitation;*
- *supporting programs and services for Indigenous women, girls, and 2SLGBTQQIA people in the sex industry to promote their safety and security, including delivering these services in partnership with people who have lived experience in the sex industry; and*
- *developing prevention initiatives in the areas of health and community awareness related to sexual trafficking awareness and no-barrier exiting.*

Our work centers around victims, survivors, victors and thrivers. We stand in solidarity with MMIWG, Residential School Survivors, Sixties Scoop Survivors, descendants, and Indigenous people who continue to advocate to protect, and keep their inherent rights.

We are all connected and have rights and responsibilities under the Peace and Friendship Treaties. We are all Treaty people.

Wela'lioq
(Thank you)

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HOW TO USE THIS DIRECTORY

This directory is intended for anyone working with, or caring for, children and youth in Nova Scotia who are at-risk, entrenched or exiting the sex trade.

All of the agencies highlighted in the directory are formal partners of the Trafficking and Exploitation Services System (TESS). As members of TESS, staff at these agencies have agreed to the TESS Statement of Values (See Appendix 1) and are tied into the broader provincial network of services and support through this Community of Practice.

There is no wrong door to enter the TESS network. The purpose of this directory is to assist anyone wanting to make a referral or access services directly to determine which door would be the best point of entry.

The directory is divided by section according to people's needs:

- *General information about the Commercial Sexual Exploitation of Children and Youth (CSEC), Child Welfare, Police and SchoolsPlus.*
- *Specialized CSEC Programs & Services - Agencies that offer specialized and peer-based supports to children, youth and adults who are at-risk, entrenched or exiting the sex trade. These programs offer participant-directed case management and navigation services.*
- *Housing and Additional Housing Supports - Agencies that provide either emergency crisis-based housing or longer term supportive housing and/or additional housing supports, including Housing Support Workers or Locators.*

- *Sexual Health Services* - Agencies that provide physical sexual health services such as paps, pregnancy testing, and STI testing.
- *Counselling & Mental Health Services* - Agencies that offer free counselling and additional mental health supports.
- *Youth Programs & Outreach* - Agencies that offer youth programming and specialize in youth outreach and engagement.
- *Education & Employment Services* - Agencies that offer programs and support related to employment and continuing education.
- *Family & Parenting Services* - Agencies that offer programs and services to parents, guardians and extended family members of victims.
- *Legal Services* - Agencies that provide programs and services to people who have criminal justice involvement as an offender, or who have been criminalized as a result of their engagement with the sex trade.
- *Systems-Based Services* - These are services that are offered to youth engaged with specific systems. They require internal referrals from the Child Welfare, Education, and Justice Systems.
- *Tools* - These are standardized provincial TESS developed tools for Safety Planning, Needs Assessment, and Disclosure Assessment.
- *Appendix* - Two appendices which provide additional information about TESS, and Awareness, Advocacy and Training Resources.

The directory also uses a legend to symbolize agency gender and cultural inclusion practices, harm reduction, crisis services, basic needs provision and physical accessibility.



Sex Work Inclusive - Red Umbrella

The international symbol for sex workers' rights. Agencies flagged with this symbol recognize sex workers' rights and implement harm reduction practices with people involved in the sex trade.



Indigenous Services - Eagle Feather

In Mi'kmaq culture, the eagle feather represents love, friendship, honor and bravery and reminds us of the responsibility that we have to the creator, the planet and each other in our journey in life. The eagle is sacred and one that takes our prayers to the creator. Agencies flagged with this symbol have Indigenous staff and/or a mandate to work with Indigenous participants and offer culturally specific programming.



2SLGBTQ+ - Rainbow Flag

The rainbow flag is a symbol of 2SLGBTQ+ pride and diversity of gender and sexuality. Agencies flagged with this symbol have gender diverse staff and/or a mandate to work with gender diverse participants and offer programming specific to gender diversity. Refer to the 'Participant Inclusion' line on every entry for specific gender inclusion.



African Nova Scotian Services - Sankofa

In African culture, Sankofa symbolizes the wisdom of going back to your roots and learning from the past to build for the future. Agencies flagged with this symbol have African Nova Scotian staff and/or a mandate to work with African Nova Scotian participants and offer culturally specific programming.



Harm Reduction - Naloxone Kit

Agencies flagged with this symbol offer harm reduction services for participants that are using substances and require safe supplies in their consumption.



Emergency Services - !

Agencies flagged with this symbol provide low barrier, emergency and crisis services outside of regular business hours.



Basic Needs - Food

Agencies flagged with this symbol can provide direct access to basic needs such as food, clothing, transportation, health and hygiene products.



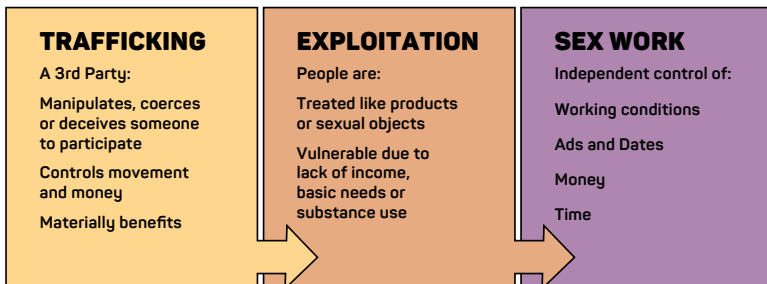
Accessibility - Wheelchair

Agencies flagged with this symbol have a wheelchair accessible physical space.

GENERAL INFORMATION

Is it Trafficking, Exploitation or Sex Work?

Commercial sexual exploitation of children and youth (CSEC) is happening in our communities. The term CSEC came into use at the 1st World Congress Against Commercial Sexual Exploitation of Children, held in Sweden in 1996, at which a declaration for action was issued that framed the problem as being a form of sexual abuse against children. Any time someone under the age of 18 is treated, bought, or sold as a commercial sexual object, CSEC is happening. We choose to use this language because it captures and frames the issue of human trafficking and sexual exploitation, as it pertains to children and youth under the age of 18, more broadly and holistically, capturing its complexity.



It is also important to understand the adult commercial sex trade because CSEC occurs within it, hiding in plain sight, making it harder to see and respond to. While it is important to not conflate CSEC and sex work, it is also important to recognize many CSEC victims become adult sex workers.

People are not always going to recognize themselves or their experiences in these labels. Some people will reject the victim label altogether. Reflecting people's own language back to them is important in building relationships of trust.

Any person under the age of 18 cannot legally consent to participation in the sex trade, regardless of their pathway to entry. However, there is a spectrum of choice in terms of how a child or youth may be engaged. Mainstream depictions of human trafficking exaggerate experiences of kidnapping, extreme violence and organized crime. While it is true that some young people are forced into the sex trade in these ways and have no choice, it is not the only way, nor the most common way, that CSEC happens in Canada and Nova Scotia. Young people may also be coerced into participation through deception, manipulation and sextortion. Examples of this behavior include fake jobs offers, threats towards family or friends, and blackmailing someone with intimate images they have sent. Victims may also perceive that they are making the choice to participate based on romantic or sexual involvement with someone they believe is their boyfriend/girlfriend/partner, due to 'mentorship' from a peer or friend that is helping them make 'easy' money, or perhaps through their own individual participation to meet their basic needs.

General Warning Signs

There are a variety of warning signs to watch for that can indicate whether a youth is being lured, recruited, groomed or is already participating in the sex trade. Early identification and intervention are key. It is easier to get youth out before they become entrenched!

As a safe and trusted adult in a youth's life, all of these signs, including how you might interpret them, depend on the context of your relationship with the youth and what you know about them. If you notice several warning signs, and they are new, out of character, or have developed quickly, this could signal that commercial sexual exploitation is happening. Be careful though! Some of these signs are part of normal youth behaviour, or they might indicate something else is going on, such as struggles with mental health, and may not be an immediate cause for alarm. Think of the warning signs as a place to start the conversation.

Red flags to look out for to indicate someone may be grooming a youth in a new relationship:

- Excessive interest in the details of the youth's life, vulnerabilities and weaknesses
- "Love Bombing" to form an intense and fast emotional bond
- Drives wedges between youth and anyone they are close to and the things they love
- Hyper-focus on body and appearance and boosting youth's sexual confidence
- Filling all youth's needs, dependency forming

The list on the facing page indicates some red flags to watch for that could indicate youth's involvement in the sex trade:

ATTITUDES

- Evidence of a controlling 'friend' or 'romantic partner' coupled with fear of the consequences of displeasing that person
- New or excessive secrecy about activities, friends, and online presence, including having multiple and sexually explicit social media profiles
- Adopts slang terms and language from "The Game" and/or the sex trade

BEHAVIOURS

- New intense romantic relationship or friendship, especially if online
- Withdraws from family, friends, loved activities
- Disappears or goes missing for a period of time, with little or no explanation
- Evidence of trauma response behaviours, including fear, mood swings, emotional outbursts, anxiety, tension, submission, nervousness, depression, hyper-vigilance, PTSD

APPEARANCE

- New sexy "look" and is hyper focused on appearance
- New clothes and access to personal grooming (hair, nails) without the means to pay for it themselves
- Tattoo or brand that they are reluctant to explain
- Evidence of physical violence or abuse, including cuts, scrapes, bruises, broken bones, cigarette burns

MATERIAL

- Receives unexplained gifts, money, trips, hotel stays, luxury items, and has a brand new second cell phone
- Regular access to weed, alcohol and other substances without the means to pay for it themselves
- Access to transportation and/or is always picked up by the same taxi or person
- Multiple STIs and/or abortions
- Has two bags or purses, one with supplies such as condoms and sex toys

Hotlines & Tiplines

**If you require an emergency response
always call 911 first**

The Canadian Centre to End Human Trafficking- National Hotline

If you are a victim/survivor of commercial sexual exploitation or human trafficking, or believe someone else might be, call the hotline at **1-833-900-1010**.

The Hotline Response Advocates will connect callers to support and services and will also take tips, answer questions and forward information, when appropriate, to law enforcement.

The Canadian Human Trafficking Hotline responds to all forms of human trafficking including both sex and labour trafficking. The hotline provides assistance to and on behalf of minors, adults, males, females, transgender individuals, gender non-conforming individuals, citizens, permanent residents, and foreign nationals.

The hotline uses a victim-centered approach to connect human trafficking victims and survivors with emergency, transition, and long-term supports and services in their community. The hotline acts as a central response and referral mechanism, offering 24/7, multilingual access in over 200 languages to a safe and confidential space to ask for help, connect to services, and report tips.

GATE (Girls action Against Trafficking & Exploitation) Healing Program- Outreach

A component of the Elizabeth Fry Society of Mainland Nova Scotia's GATE program that provides services, outreach, and one-on-one support to young women who are at-risk of, are currently, or are survivors of CSEC in rural Nova Scotia. Supports are provided after hours and on weekends, are non-judgemental and confidential, and are offered in the community and through phone outreach. GATE Outreach can help with referrals and navigating systems including, but not limited to, housing, the Department of Community Services and Criminal Justice Services.

Call 1-833-625-GATE (4283)

The GATE Outreach line is open the following hours:

Monday: 9am-1am

Tuesday: 9am-11pm

Wednesday: 9am-1am

Thursday: 9am-1am

Friday: 9am-1am

Saturday: 10am-1am

Sunday: 12pm-1am

Provincial Human Trafficking Team Tipline, Nova Scotia

Police in Nova Scotia want to encourage anyone who is concerned that someone could be a victim of human trafficking to report it by calling or texting the tip line at **902-449-2425**. The tip line is monitored 24/7 by a police officer who can get victims to safety. You can also contact police in your local area for more information.

Crimestoppers

If you are concerned that someone could be a victim of human trafficking and you wish to remain anonymous, call Nova Scotia Crime Stoppers toll free at **1-800-222-TIPS (8477)**, submit a secure web tip at www.crimestoppers.ns.ca, or use the P3 Tips App.

Mental Health Mobile Crisis Team

at 1-902-429-8167 or 1-888-429-8167 (toll-free)

24-hour support to children, youth, and adults experiencing a mental health crisis including thoughts of suicide, distorted or psychotic thinking, intense anxiety, overwhelming depression, feeling unable to cope or feeling out of control. Services provided include: telephone support, problem solving support, risk assessment, safety planning, and linkages to appropriate resources within the hospital and/or community.

Duty to Report Commercial Sexual Exploitation

In Nova Scotia, every person has a legal duty to report any reasonable suspicion that a child under the age of 16 has been, is being, or is likely to be, abused or neglected. The law also requires you to report suspected abuse if the young person is aged 16 to 18 years old, if the abuse or neglect is caused by their parent or guardian.

The duty to report is outlined in Sections 23-25 of the Children and Family Services Act. Here is a summary:

IS THE CHILD UNDER 16?

You have a duty to immediately report suspected abuse (including sexual exploitation), or neglect to a child welfare agency

IS THE CHILD 16-18?

You have a duty to immediately report suspected abuse (including sexual exploitation), or neglect to a child welfare agency if the person who has, is, or is likely to be causing harm is a parent or guardian, or another child, under the age of 16, might also be at risk of abuse or neglect.

IS THE YOUTH 19 OR OLDER?

You do not have a legal duty to report.

When talking with the young person, let them know if you are required to make a referral to child welfare, and give them as much autonomy in the situation as you can. They can make the call with you, or they can let you know what information they would like to pass along.

When you call, you will be asked for information about the child/youth, your relationship with the child/youth, the reason you suspect abuse or neglect, as well as any other information that is considered relevant to the safety and wellbeing of the child/youth, other children and family members and service providers.

Once you make a report, child protection social workers will assess the information to determine whether a child protection investigation is required.

WHO TO CONTACT

If the duty to report applies:

Call the Child Protection intake team where the young person lives. Offices are open Monday to Friday, 8:30 am to 4:30 pm.

Central Region	902-424-5800
(Halifax Regional Municipality & Halifax County)	or toll free 1-833-424-5800

Western Region	Call local office
(Yarmouth, Digby, Shelburne, Annapolis, Kings, Queens, Lunenburg, West Hants Counties)	

Yarmouth District	902-742-0700
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Digby District	902-245-5811
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Shelburne District	902-637-2337
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Annapolis District	902-532-2337
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Kings District	902-678-6176
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Queens District	902-354-3525
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Lunenburg District	902-543-4554
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West Hants	902-798-8319
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Northern Region	1-888-919-4236
(Cumberland, Colchester, Pictou, Antigonish, Guysborough, East Hants Counties)	

Eastern Region	902-563-3400
(Inverness, Victoria, Cape Breton, Richmond Counties)	

After hours (4:30 pm to 8:30 am)	1-866-922-2434
Call the Provincial After-Hours Response Team	

For Indigenous children/youth residing in Mi'kmaw Communities, call Mi'kmaw Family and Children Services

Mainland communities	1-800-263-8686
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Cape Breton communities	1-800-263-8300
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Criminal Code Offences Related to CSEC

Since CSEC involves sex or sexual acts and participation or engagement in the adult sex trade, whether or not with the involvement of a 3rd party perpetrator, understanding *Criminal Code* offences related to the issue is crucial.

Criminal Offences related to Sexual Services for Consideration (ss. 286.1 to 286.4)

Remember: It is not a crime for an individual person over the age of 18 to sell or provide their own sexual services in exchange for money or something of value, such as basic needs, transportation, or drugs.

However, it is a crime for someone to attempt to, or to buy or receive the sexual services of another person (of any age) in exchange for something.

It is also a crime for a third party to do any of the following:

- receive a material benefit (i.e. money or other form of compensation) as a result of the sale of sexual services from one person to another;
- advertise the sexual services provided by someone else to others; and
- try to get a person to provide (or offer to provide) sexual services to others in exchange for something of value.

Criminal Offences related to Human Trafficking (ss. 279.01 to 279.03)

Trafficking In Persons, as it is known in Canada's *Criminal Code*, or human trafficking, involves an act committed for the purpose of exploiting someone's labour or services. This includes all types of labour/services, such as sexual services in the case of CSEC, but also domestic work, farm work, migrant labour, etc. which adds to the complexity of the issue.

The kind of "acts" involved in human trafficking can include: recruiting, transporting, receiving, holding, concealing and/or harbouring a person; and/or exercising control, direction or influence over the movements of a person. A perpetrator only needs to commit one of these "acts" to be guilty of human trafficking.

Contrary to what is often portrayed in mainstream culture, physical violence is not always a component of human trafficking, and it does not have to be present to prove exploitation in a court of law. The entire relationship between the victim and perpetrator is looked at, including whether the following circumstances are present: threats; physical, emotional or psychological coercion; deception; abuse of trust/authority; victim vulnerability; isolation; directive behaviour by the perpetrator; influence over the nature and location of services provided; control over advertising of services; limitations on the victim's movement; control of finances; financial benefit to the perpetrator; and control or monitoring the victim's communications with others.

Trafficking in Persons is a particular *Criminal Code* offence, as is sexual exploitation. Both relate to the laws around sexual offending and consent, covered on the next page, all of which play a part in the issue of CSEC.

Consent Laws

First, the definition of consent in Section 273.1 of the *Criminal Code* is “the voluntary agreement of the complainant to engage in the sexual activity in question.” Sexual activity under the law includes everything from kissing, touching, and fondling, to sexual intercourse.

Not only does “no” mean “no”, but only “yes” means “yes”. Silence is not consent. Nothing less than positive affirmation is required. This means consent cannot be implied, even in a relationship.

Consent must be communicated for each and every sexual act, and must be given in the moment when it takes place. This means that it cannot be given in advance or after the fact.

A person must also be capable of giving consent. For example, an unconscious person cannot consent. In some cases, a person may be incapable of consent due to intoxication or other reasons.

There is no consent if a person submits to sexual activity or does not resist due to any of the following circumstances:

- where violence, threats of violence or fear of violence are directed at the person or others;
- when the perpetrator abuses a position of trust or authority; or
- when the perpetrator uses fraud.

When a perpetrator is charged with certain sexual offences involving a person under the age of 16 years, it is not a defence that the person consented to the activity.

There are exceptions to this:

- A person who is 12 years old or more but under the age of 14 years can consent to sexual activity with a person who is less than two years older than them; as long as that older person is not in a position of trust or authority and there isn't a relationship of dependency or exploitation.
- A person who is 14 years of age or more but under the age of 16 years can consent to sexual activity with a person who is less than five years older than them; as long as that older person is not in a position of trust or authority and there isn't a relationship of dependency or exploitation.

Consent of a victim to any of the activities involved in human trafficking is not valid.

Policing

These policing agencies have members that are involved in the TESS Partnership and have specific knowledge and training related to CSEC

Provincial Human Trafficking Team

TESS CONTACT:

(1) Sergeant Derrick Blanche
derrick.blanche@rcmp-grc.gc.ca

(2) Corporal David Lane
david.lane@rcmp-grc.gc.ca

HUMAN TRAFFICKING TIPLINE:

902-449-2425

RCMP COMMUNITY DETACHMENTS

Antigonish District Community Policing

TESS CONTACT: Constable Morgan MacPherson
morgan.macpherson@rcmp-grc.gc.ca

Colchester County District, Bible Hill Office

TESS CONTACT: Constable Lorilee Morash
lorilee.morash@rcmp-grc.gc.ca

Guysborough County Detachment

TESS CONTACT: Constable Nathan Sparks
nathan.sparks@rcmp-grc.gc.ca

Kings District - Wolfville Office

TESS CONTACT: Constable Jennifer Britton
jennifer.britton@rcmp-grc.gc.ca

Lunenburg County District - Chester Office

TESS CONTACT: Constable Ted Bailey
902-275-3583

Millbrook Detachment

TESS CONTACT: Corporal Natasha Jamieson
natasha.jamieson@rcmp-grc.gc.ca

Amherst Police Department

TESS CONTACT: Constable Michelle Harrison
MHarrison@amherst.ca

PHONE #: 902-667-8600

Cape Breton Regional Police

TESS CONTACT: Constable TJ Martell
temartell@cbrps.ca

PHONE #: 902-563-5151

Halifax Regional Police: Integrated Human Trafficking and Missing Persons Team

TESS CONTACT: Sergeant Scott MacDonald
macdons@halifax.ca

TEAM SUPERVISOR: Sergeant Phil MacKenzie
mackenph@halifax.ca

PHONE #: 902-490-5142

Kentville Police Service

TESS CONTACT: Deputy Chief Marty
Smith msmith@kentvillepolice.ca

PHONE #: 902-678-3378

SchoolsPlus

SchoolsPlus is a collaborative interagency approach supporting the whole child and their family with the school as the center of service delivery.

WEBSITE: <https://www.ednet.ns.ca/schoolsplus/>

SERVICES OFFERED (VARY FROM SITE TO SITE): Outreach; Mentoring programs; Homework clubs; Employment support; Health/mental health support; Community Policing; Breakfast programs; Nutritional classes; Community gardens; Early years centres; Youth groups (art, culture, GSA); Parenting support (classes, social groups); Recreational programming (after school, March break, summer); Basic needs support & referrals; System navigation.

PARTICIPANT INCLUSION: All Gender Inclusive; Under the age of 21

REGION COVERED: Nova Scotia wide (All Regional Centres for Education and the Conseil Scolaire Acadien Provincial)

HOW TO ACCESS: A referral for SchoolsPlus comes primarily from the principal and school Program Planning Team; Service providers, students, and families may also contact the SchoolsPlus Facilitator directly to make a referral. Find your Hubsite online.

DIRECT REFERRAL:

(Note: TESS members indicated with an *)

Annapolis Valley Regional Centre for Education

Annapolis: 902-532-3299

West Hants: 902-792-6765

*** Central/West Kings:** 902-844-2446

Kings East - Horton Family of Schools: 902-599-3870

Kings East - NKEC Family of Schools: 902-599-0387

Cape Breton-Victoria Regional Centre for Education

*** Sydney:** 902-574-0001

*** Riverview:** 902-574-1387

Glace Bay: 902-849-2142

*** North Side-Victoria:** 902-736-6808

Chignecto-Central Regional Centre for Education

Cumberland: 902-694-8581

*** Colchester:** 902-890-2521

Pictou East: 902-759-0649

*** Pictou West:** 782-440-2213

*** North Hants:** 902-497-3048

East Hants: 902-478-7917

Truro: 902-324-1262

Conseil Scolaire Acadien Provincial

Sud-Ouest:

902-648-5930

902-769-8858

Central: 902-471-1210

Nord-Est: 902-631-4579

Halifax Regional Centre for Education

SchoolsPlus Leader: 902-471-6535

Auburn High Family of Schools: 902-476-7651

Citadel High Family of Schools: 902-219-3668

Cole Harbour and Island View Family of Schools:
902-483-8367

CP Allen Family of Schools: 902-471-2445

Dartmouth High Family of Schools: 902-497-3163

EasternShore Family of Schools: 902-476-7651

Halifax West Family of Schools: 902-399-8314

* **J.L. Ilsley Family of Schools:** 902-399-8317

Lockview Family of Schools: 902-221-5954

**Millwood High Sackville High
and Family of Schools:** 902- 399-8321

Musquodoboit Rural and Marine Drive

Academy Family of Schools: 902-221-5954

Prince Andrew High Family of Schools: 902-240-1148

Sir John A MacDonald Family of Schools:
902-471-2445

South Shore Regional Centre for Education

South Shore: 902-521-9817

* **Chester:** 902-523-4360

Queens / Bridgewater and area : 902-523-1451

Strait Regional Centre for Education

* **Guysborough:** 902-631-2414

* **Antigonish:** 902-867-6129

Richmond: 902-631-4762

* **Inverness:** 902-258-5888

Dr. John Hugh Gillis: 902-631-6068

Tri-County Regional Centre for Education

SchoolsPlus Facilitator: 902-740-1386

Digby: 902-483-6038

* **Shelburne:** 902-637-4309

Yarmouth Town: 902-245-8132

* **Yarmouth County:** 902-740-2643

SERVICES AND SUPPORTS

SPECIALIZED CSEC PROGRAMS & SERVICES

These programs offer specialized and peer-based supports to children, youth and adults who are at-risk, entrenched or exiting the sex trade. These programs offer participant-directed case management and navigation services.

Elizabeth Fry Society of Mainland Nova Scotia and Cape Breton - Girls action Against Trafficking and Exploitation (GATE) Program

The Elizabeth Fry Society of Mainland Nova Scotia (EFMNS) is a non-profit, charitable organization that engages with vulnerable women and girls to foster reintegration, rehabilitation, personal empowerment and to address the root causes of criminalization. EFMNS is devoted to improving the lives of women in our province through comprehensive housing supports, innovative programming initiatives, justice system reform and through building individual strength and capacity in all of the women they serve. EFMNS provides the structure for marginalized women and girls to transform their lives from a cycle of poverty and insecurity to one of stability, growth and hope.



WEBSITE: www.efrymns.ca
FACEBOOK: @efrysocietyhalifax

SEE ALSO: General Information; Housing; Legal Services

PROGRAM DESCRIPTION: The GATE program offers after hours phone support, peer support, 24/7 housing staff in our safe housing, outreach workers, addictions counsellors, and culture-specific support workers. Youth Program Coordinators work in partnership with local and culturally relevant organizations to provide multiple layers of support.

PROGRAM SUPPORTS: Court accompaniment; Referrals to other organizations; Assistance in replacing ID; Supportive counselling; Resume writing; Dartmouth location wheelchair accessible.

PARTICIPANT INCLUSION: Trans and cis women/girls; 12+ (Age range varies for supports)

REGION COVERED: Nova Scotia wide

LOCATION:

- (1) 25 Revere Street, Truro, NS
 - (2) 85 Queen Street, Dartmouth, NS
 - (3) 16C Levatte Cres, Sydney, NS
-

AFTER HOURS PHONE: 1-833-625-GATE (4283)

PHONE #: (1) 902-897-0852
(2) 902-454-5041
(3) 902-539-6165

HOW TO ACCESS: Call or email to inquire.

DIRECT REFERRAL: Kristen - kristen.gate@efrymns.ca

PROGRAM FACEBOOK:

<https://www.facebook.com/GATEProgramNovaScotia>



Nova Scotia Native Women's Association - Jane Paul Indigenous Women's Resource Centre

The Nova Scotia Native Women's Association (NSNWA) is a provincial Indigenous organization that helps empower Indigenous women by being involved in developing and changing legislation which affect them, and by involving them in the development and delivery of programs promoting equal opportunity for Mi'kmaq women and their families. The NSNWA is a collective of 16 local chapters across Nova Scotia: the 13 First Nations communities, plus three off reserve zones of Halifax, Sydney, and South Shore.



WEBSITE: www.nsnwa.ca

FACEBOOK: @janepaulcentre

SEE ALSO: Counselling & Mental Health Services

PROGRAM DESCRIPTION: The Jane Paul Indigenous Women's Resource Centre provides a variety of support and services to vulnerable Indigenous women and girls, who reside off reserve and away from community resources, many of whom find themselves in high-risk situations. The prevention model of the Jane Paul Indigenous Women's Resource Centre includes a Mi'kmaq traditional component to help guide and protect Indigenous women and girls.

PROGRAM SUPPORTS: Internet access; Hot meals;
Clothing bank; Harm reduction materials; Life-enhancing
resources; Cultural ceremonies and teachings;
Skills development; Educational and employment skills.

PARTICIPANT INCLUSION: Trans and cis women/girls;
16+; Indigenous Only

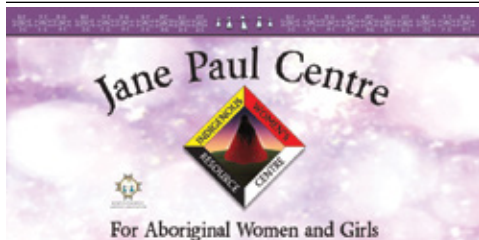
REGION COVERED: Cape Breton Regional Municipality

LOCATION: 440 George Street, Sydney, NS

PHONE #: 902-593-5890

HOW TO ACCESS: Drop-In Hours: Monday to Friday
1:00pm - 8:00pm; Call, email, or drop-in.

DIRECT REFERRAL: mmiwgprevention@nsnwa.net



Stepping Stone

Stepping Stone is a non-profit organization in the Maritimes that supports women, men and transgender persons currently and formerly involved in the sex trade, including those who identify as being trafficked, by contributing to their health, safety and well-being.

WEBSITE: www.steppingstonens.ca

FACEBOOK: @steppingstonehfx

SEE ALSO: Education & Employment Services; Legal Services

SERVICES OFFERED: Community drop-In; Street outreach; Peer support; Housing support; Mental health services; Addictions support; Systems navigation; Transition out of sex work support.

PARTICIPANT INCLUSION: All Gender Inclusive; 16+

REGION COVERED: Halifax Regional Municipality

LOCATION: 9 Ferguson Road, Dartmouth, NS

PHONE #: 902-420-0103

HOW TO ACCESS: Drop-In Hours: Monday to Friday 9:30am to 1:00pm; Call, email, or drop-in.

DIRECT REFERRAL:

Alex - alex.macdonnell@steppingstonens.ca





YWCA Halifax - Nova Scotia Transition & Advocacy for Youth (NSTAY) Program

YWCA Halifax is a multi-service agency that builds economic security, promotes wellness and creates opportunities for women, girls and their families by providing a strong voice and integrated services.

WEBSITE: www.ywcahalifax.com

FACEBOOK: @ywcahalifax

SEE ALSO: Housing; Housing: Additional Housing Supports; Youth Programs & Outreach; Education & Employment Services; Family & Parenting Services; Systems-Based Services; Appendix 2

PROGRAM DESCRIPTION: Provides exploited/trafficked youth with wraparound support and connects them with the services they need. NSTAY has been developed with a trauma-informed lens and takes a harm reduction approach. It is a non-judgemental program and incorporates promising practices from across Canada and is informed by those with experience of exploitation within the sex trade.

PROGRAM SUPPORTS: One-on-one peer support; Case management; Systems navigation; Financial/material support; Advocacy; Trauma counselling referrals; Court support; Meeting accompaniment; Employment support; Personalized peer outreach support within local partner agencies/organizations.



PARTICIPANT INCLUSION: All Gender Inclusive; 13-24+

REGION COVERED: Nova Scotia wide

PHONE #: 782-414-7657

HOW TO ACCESS: Individuals can self-refer and community agencies can refer by filling out referral form (available online)

DIRECT REFERRAL: NSTAY@ywcahalifax.com

PROGRAM WEBSITE & REFERRAL FORM:
www.ywcahalifax.com/programs/nstay



HOUSING

These agencies provide either emergency crisis based housing or longer term supportive housing. Agencies that do not provide housing, but who have additional housing supports, including Housing Support Workers, are listed at the end of this section.

Autumn House

Autumn House offers services to women who have been abused by an intimate partner (husband, boyfriend, common law spouse, same sex partner). Services are offered at no cost and are completely confidential.

WEBSITE: www.autumnhouse.ca

FACEBOOK: @AutumnHouseAmherst

SERVICES OFFERED: 24-hour crisis intervention; Shelter for women and children; 24/7 staff; Counselling and information on abuse and its effects; Outreach to victims of abuse in the community; Support; Advocacy.

PARTICIPANT INCLUSION: Trans and cis women; 18+; Children welcome with guardian

REGION COVERED: Cumberland County

24-HOUR CRISIS LINE: 902-667-1200

HOW TO ACCESS: Call crisis line.

DIRECT REFERRAL: Dawn - dferris@autumnhouse.ca



Autumn House
working to end abuse
against women

Cape Breton Community Housing Association

Cape Breton Community Housing Association (CBCHA) offers a range of community based services for persons with mental illness and/or experiencing homelessness.

WEBSITE: www.cbcha.ca

FACEBOOK:

@CapeBretonCommunityHousingAssociation

SERVICES OFFERED: Housing First; Housing support; Trustee Program; Community Homeless Shelter (serving both men and women); Residential Program; Independent Living Support Program; Community Outreach Program.

PARTICIPANT INCLUSION: All Gender Inclusive; 16+

REGION COVERED:

Cape Breton Regional Municipality

LOCATION: 106 Townsend St, Sydney, NS

PHONE #: 902-539-0025

HOW TO ACCESS: (Housing First & Housing Support Programs) Call 902-270-6217 to make a referral; (Residential Programs) Call 902-539-0025 or contact the Disability Support Program at the Department of Community Services.

DIRECT REFERRAL: communityhousing@cbcha.ca



Cape Breton
Community Housing
Association



Coverdale Courtwork Society - Caitlan's Place

Coverdale Courtwork Society is a non profit charitable organization based in the Halifax region that supports women and gender diverse persons navigating the criminal justice system. We work in the criminal and family courts, provincial jail and prison, as well as in the community to provide court support, bail support, programming and advocacy for criminalized and marginalized folks. These combined services support individuals to cope with mental illness, trauma and addiction and rebuild community connections while striving for healing, change and growth. Coverdale also operates Caitlan's Place.



WEBSITE: www.coverdale.ca
FACEBOOK: @CoverdaleCourtwork

SEE ALSO: Legal Services

PROGRAM DESCRIPTION: Caitlan's Place is a 6 bed transitional and restorative home for women, trans, non-binary and Two Spirit individuals exiting jail. It is supportive housing that serves to prevent individuals from being remanded into custody or from being released from incarceration into homelessness. Home is staffed 24/7 with each resident having access to a suite of gender transformative and trauma informed services that are responsive to individual needs and address the various pathways to criminalization. Residents can reside at Caitlan's Place for up to one year.

PROGRAM SUPPORTS: Court support; Legal network navigation; Cultural programming; Housing support; Evidence based personal development programs.

PARTICIPANT INCLUSION: Women, girls, trans and non-binary people; All ages; Engaged with Criminal Justice System

REGION COVERED: Halifax Regional Municipality

PHONE #: Martha (she/her) 902-717-6576;
Ashley (she/her) 902-809-5718

HOW TO ACCESS: Self-referrals and referrals from community agencies; Call, text, or email to inquire.

DIRECT REFERRAL: Ashley (she/her) - ed@coverdale.ca

PROGRAM WEBSITE: www.coverdale.ca/basic-11



Elizabeth Fry Society of Cape Breton - Satellite Apartment Program (SAP)

The Elizabeth Fry Society of Cape Breton is a community based organization that works on behalf of women and young girls who are involved in the criminal justice system, in particular, those in conflict with the law, and those perceived to be in conflict with the law.

WEBSITE: www.efrycb.com

FACEBOOK: @efrycb

PROGRAM DESCRIPTION: The Satellite Apartment Program (SAP) is a community based residential Facility to provide a housing option for women who are on conditional release and/or are experiencing a transition in their lives and are in need of a stable living environment. The SAP is an 8 bed facility with 24/7 supervised staff to work with women in developing tools needed to stabilize their lives. The SAP is a safe place where women can gradually adjust to new situations, make decisions and complete legal processes as they plan for their future.

PROGRAM SUPPORTS: Supportive environment; Individual Program Plan (IPP) development; 60-90 day release and/or re-integration planning; 24 hour staff to provide support; Key Counselor assigned to each participant; Relapse prevention; Coping skills.



PARTICIPANT INCLUSION: Trans and cis women,
and non-binary people; 18+

REGION COVERED: Cape Breton Regional Municipality/
Nova Scotia Wide

LOCATION: Sydney Area

PHONE #: (1) 902-562-8271
(2) 902-539-6165

HOW TO ACCESS: Call or email to inquire.

DIRECT REFERRAL: efrycb@eastlink.ca

PROGRAM WEBSITE: www.efrycb.com/sap.html



Elizabeth Fry Society
of Cape Breton

Elizabeth Fry Society of Mainland Nova Scotia - Holly House

The Elizabeth Fry Society of Mainland Nova Scotia (EFMNS) is a non-profit, charitable organization that engages with vulnerable women and girls to foster reintegration, rehabilitation, personal empowerment and to address the root causes of criminalization. EFMNS is devoted to improving the lives of women in our province through comprehensive housing supports, innovative programming initiatives, justice system reform and through building individual strength and capacity in all of the women they serve. EFMNS provides the structure for marginalized women and girls to transform their lives from a cycle of poverty and insecurity to one of stability, growth and hope.



WEBSITE: www.efrymns.ca
FACEBOOK: @efrysocietyhalifax

SEE ALSO: General Information; Specialized CSEC Programs & Services; Legal Services

PROGRAM DESCRIPTION: Holly House is a combination of Elizabeth Fry's offices and eight (8) single occupancy rooms for women. Holly House offers a shared kitchen, common room, and two (2) bathrooms, plus in-house laundry facilities. The house provides safe, affordable housing for women for up to one year. Holly House is not a half-way house. All women in the community are eligible to submit an application.

PROGRAM SUPPORTS: Personal transition plan development; Education and employment exploration; Housing search support; Community resources referrals; Personal development programming; Peer support worker; Cultural programming, specifically Indigenous and African Nova Scotian supports.

PARTICIPANT INCLUSION: Trans and cis women/girls, and non-binary people; 16+

REGION COVERED: Halifax Regional Municipality

LOCATION: Dartmouth, NS

PROGRAM PHONE #: 902-454-5041

HOW TO ACCESS: Call or email to inquire.

DIRECT REFERRAL: Erin - hollyhouse@efrymns.ca

PROGRAM WEBSITE: www.efrymns.ca/holly-house/



Juniper House

Juniper House provides a safe refuge for women and their children who have experienced abuse and maintains a 15-bed shelter and 24 hour crisis line. Juniper House is a non-profit organization based on the belief that a woman has a right to personal dignity, safety, and freedom from fear and physical and/or psychological coercion.



WEBSITE: www.juniperhouse.ca

FACEBOOK: @southwestnovatransitionhouse

SERVICES OFFERED: Safe shelter; 24 hour crisis line; Outreach services; Supportive counselling; Programs; Advocacy; Referrals; Programs in the community aimed at preventing violence and abuse.

PARTICIPANT INCLUSION: Trans and cis women/girls; 16+; Children welcome with their guardian

REGION COVERED: Yarmouth, Digby & Shelburne counties

24-HOUR CRISIS LINE: 902-742-8689

PHONE #: 902-742-4473

TOLL FREE: 1-800-266-4087

HOW TO ACCESS: Call crisis line.

DIRECT REFERRALS: juniperhouse@juniperhouse.ca



Mi'kmaw Native Friendship Centre - Housing Programs

The Mi'kmaw Native Friendship Centre (MNFC) is a non-profit, board governed organization that currently operates nine core programs. The mission of the MNFC is to provide structured, social-based programming for Urban Aboriginal People while serving as a focal point for the urban aboriginal community to gather for a variety of community functions and events.

WEBSITE: www.mymnfc.com

FACEBOOK: @Mikmaw-Native-Friendship-Centre-121366117945828

SEE ALSO: Counselling & Mental Health Services; Youth Programs & Outreach; Education & Employment Services



EMERGENCY SHELTER

PROGRAM DESCRIPTION: The MNFC 24/7 emergency shelter operates under a harm reduction model. The shelter's focus is to provide safe accommodations for the urban Indigenous community in Halifax.

PARTICIPANT INCLUSION: All Gender Inclusive; 18+; Urban Indigenous focused

REGION COVERED: Halifax Regional Municipality

PHONE #: 902-429-4038

HOW TO ACCESS: Call to inquire.

HOUSING SUPPORT

PROGRAM DESCRIPTION: The MNFC offers housing services to Indigenous people experiencing homelessness, housing insecurity, or eviction in the HRM area. The program operates out of the Friendship Centre and employs nine staff to support folks with their housing needs. The Housing Support program assists clients with navigating community resources, housing services, and offers advocacy support. Anyone is able to access this service and receive short-term support to assist them with their housing goals.

PARTICIPANT INCLUSION: All Gender Inclusive;
All Ages; Urban Indigenous

REGION COVERED: Halifax Regional Municipality

PHONE #: 902-420-1576

HOW TO ACCESS: Drop-In Hours: Tuesday and
Thursday 10:00am to 12:00pm;
Call to inquire (ask for Housing Department).

PROGRAM WEBSITE: www.mymnfc.com/2020/02/24/housing-project-housing-support/



Mi'kmaw
Native
Friendship
Centre

Native Council of Nova Scotia- Welkaqnik Next Step Shelter

The Native Council of Nova Scotia is the self-governing authority for the large community of Mi'kmaq/Aboriginal peoples residing off-reserve in Nova Scotia throughout traditional Mi'kmaq territory. Our goal is to operate and administer a strong and effective Aboriginal Peoples Representative Organization that serves, advocates and represents our community.

WEBSITE: www.ncns.ca

FACEBOOK: www.facebook.com/groups/167327773429766

SEE ALSO: Housing: Additional Housing Supports; Youth Programs & Outreach; Education & Employment Services; Family & Parenting Services

PROGRAM DESCRIPTION: A next step shelter providing survivors of family violence a safe affordable shelter for a period of up to one (1) year.

PROGRAM SUPPORTS: Warm, friendly place of good feeling in the company of other Aboriginal families; Safe and supportive guidance, enabling families to nurture and grow through caring, sharing, helping and understanding; Community Support Counsellor; "Stay Goal Plan"; Referrals.

PARTICIPANT INCLUSION: Indigenous; Victim of family violence; Must qualify through an application intervention process



REGION COVERED: Nova Scotia wide

PHONE #: 902-895-1738

TOLL FREE: 1-800-565-4372

HOW TO ACCESS: Call or email to inquire.

DIRECT REFERRAL: ncnssocialmanager@eastlink.ca

PROGRAM WEBSITE:

www.ncns.ca/welkaqnik-next-step-shelter/



Phoenix Youth Programs - Youth Shelter

Phoenix is a non-profit, community based organization located in K'ijipuktuk/Halifax, Nova Scotia. Together with the community, we support youth and families in their journey to thrive. We are a voice for social justice and community engagement.

WEBSITE: www.phoenixyouth.ca

FACEBOOK: @PhoenixYouthPrograms

SEE ALSO: Youth Programs & Outreach;
Education & Employment Services

PROGRAM DESCRIPTION: Phoenix Youth Shelter provides free, safe, emergency accommodations to youth and supplies daily essentials (food, clothing, shelter, etc.) around the clock to youth who seek support. All residents have access to daily programming and are connected with a Key Worker who provides ongoing guidance and support to help residents meet their identified goals.

PROGRAM SUPPORTS: Emergency shelter; Basic needs supports; Mental health and addiction support; MOSH (Mobile Outreach Street Health) biweekly visits; Recreational activities; 24-Hour staff; Meals provided; Individual bedrooms.

PARTICIPANT INCLUSION: All Gender Inclusive; 16-24



REGION COVERED: Halifax Regional Municipality

LOCATION: 1094 Tower Rd, Halifax, NS

PHONE #: 902-446-4663

TOLL FREE: 1-888-878-5088

HOW TO ACCESS: Individuals can self-refer; Call to inquire.

DIRECT REFERRALS: Shelter Manager -
shelter@phoenixyouth.ca

PROGRAM WEBSITE: www.phoenixyouth.ca/programs



The Portal Youth Outreach Association - Host Homes

The Portal Youth Centre is a registered non-profit charitable organization that is a resource centre for Annapolis Valley youth ages 16-24 who are at risk of currently experiencing homelessness.

WEBSITE: www.portalyouth.ca

FACEBOOK: @Portalyouthcentre

SEE ALSO: Youth Programs and Outreach;
Education and Employment Programs

PROGRAM DESCRIPTION: Host homes are safe, nurturing and supportive homes in the community that welcome youth aged 16-24 that are at risk of or currently experiencing homelessness. They provide a safe place to stay, access to food, and emotional support for youth. Wrap around support for the youth and for the host home ensures a win-win connection.

PROGRAM SUPPORTS: Private bedroom lodging for youth within host home from 2 weeks to 1 year; Access to food; Welcoming environment; Access to youth outreach worker; Education supports and resources.

PARTICIPANT INCLUSION: All Gender Inclusive;
16-24; Homeless or At-Risk of Homelessness



REGION COVERED: Kings, Annapolis & West Hants Counties

LOCATION: 6-440 Main Street, Kentville, NS

PHONE #: 902-365-3773

TEXT: Russ - 902-691-6556

TOLL FREE: 1-855-261-3773

HOW TO ACCESS: Call, text or email to inquire.

DIRECT REFERRAL: Amanda - amanda@portalyouth.ca

PROGRAM WEBSITE:

www.portalyouth.ca/host-home

the P^{ORTAL}
youth outreach association

SHYFT Youth Services

Supportive Housing Youth Focus Team (SHYFT) offers residential and outreach support for homeless and at-risk youth in Digby, Shelburne and Yarmouth counties.

WEBSITE: www.shyft.ca

FACEBOOK: @SHYFTYouthServices

SEE ALSO: Youth Programs & Outreach

SERVICES OFFERED: Temporary, transitional housing; Twenty-four (24) hour staff support; Safe and friendly environment; Programs and workshops as determined by youth; Referrals to other services; Support for youth to develop goals and plans; Shared meal planning and preparation; Laundry facilities; Telephone and internet access.

PARTICIPANT INCLUSION: All Gender Inclusive; 16-24

REGION COVERED: Digby, Shelburne & Yarmouth Counties

LOCATION: 6 Trinity Place, Yarmouth, NS

PHONE #: 902-881-3111

TOLL FREE: 1-855-781-3111

HOW TO ACCESS: Intake completed upon arrival. Staff present 24/7 for support/new arrivals.

DIRECT REFERRAL: Adam - ed@shyft.ca





South Shore Transition House (Harbour House)

Harbour House offers shelter and counseling to women as they transition and explore options for their lives. Their mission is to empower women, offer safety, comfort and hope, support and educate the community and to promote equality on the South Shore. Harbour House provides, operates and maintains safe temporary housing for women who are victims of abuse, and for their children.



WEBSITE: www.harbour-house.ca

FACEBOOK: @harbourhouses

SERVICES OFFERED: Fifteen (15) bed transition house; Safe shelter; Six (6) week stay; Compassionate and healing atmosphere; Supportive counselling; Referrals; Information sessions; Safety planning; Advocacy; Assistance with emergency protection orders and peace bonds; Outreach services (Counselling; Meeting accompaniment; Public education; Women's support groups; Follow up; Promotes healthy communities); Youth Services (Counselling; Girls groups; Group presentations on healthy relationships, dating violence, consent; In-House Childcare)

PARTICIPANT INCLUSION: Trans and cis women/girls; 16+; Children welcome with guardian

REGION COVERED: Lunenburg & Queens Counties

PHONE #: 902-543-9970;
(Youth and Outreach) 902-514-6701

24-HOUR CRISIS LINE: 902-543-3999

TOLL FREE: 1-888-543-3999

HOW TO ACCESS: Call crisis line.

DIRECT REFERRALS:

(Shelter) thw@harbour-house.ca

(Outreach) outreach@harbour-house.ca

(Youth) youth@harbour-house.ca



Tearmann House

Tearmann House is a 15 bed shelter that offers support, information, understanding and practical assistance to abused women and their children.

WEBSITE: www.tearmann.ca

FACEBOOK: @tearmannsociety

SERVICES OFFERED: Information and support; Five (5) bedroom emergency shelter, including a wheelchair-accessible bedroom with an ensuite bathroom; Six (6) week stay; 24 hour staff; Supportive counselling; Group programs; Advocacy; Referrals; Outreach services.

PARTICIPANT INCLUSION: Trans and cis women/ girls; 16+; Experience of physical or sexual violence for participants 16-18

REGION COVERED: Antigonish, Pictou & Guysborough Counties

PHONE #: 902-752-1633

24-HOUR CRISIS LINE: 902-752-0132

TOLL FREE: 1-888-831-0330

HOW TO ACCESS: Call crisis line; Participants 16-18 must complete a case conference to access shelter.

DIRECT REFERRALS:

Lori - outreach@tearmann.ca,
info@tearmann.ca





Trauma Recovery for Exploited Youth (TREY)



TREY offers residential recovery services that are based upon a foundation of professional competence, designed to meet the spiritual, emotional, physical and psychological needs of those recovering from trauma. TREY addresses recovery from sexploitation through a faith based perspective.

WEBSITE: www.treynovascotia.org/

SERVICES OFFERED: Housing and Housing Support workers in a long term (up to 3 years) supportive, specialized environment for commercially exploited women 16 years old and up; Access to a doctor dedicated to take care of medical needs (sexual and other physical concerns); Contracts counsellors to address mental health concerns, which can also include trauma counselling depending on the readiness of the resident; Partners with other agencies such as Elizabeth Fry, Lotus Women's Center, Colchester Sexual Assault Center, Rath Community Center and Mental Health; Residents can attend Nova Scotia Community College to finish their high school or further their education; Work opportunities with different businesses in the area when they are ready and wanting to work; Assists, advocates and provides mentors for residents requiring legal services; Support is offered throughout the process of the Justice System; Opportunities for recreation (fitness, hiking, biking, kayaking, music, creative arts and crafts; Interaction with animals, specifically dogs and horses; Skills development (healthy eating, cooking, cleaning,

self care); Emotional support and programming (feeling the anger and hurt, overcoming loneliness and fear, learning to trust, hope and freedom, understanding healthy relationships and boundaries, letting go of shame and guilt).

PARTICIPANT INCLUSION: Trans and cis women/girls; 16+

REGION COVERED: Colchester County.

Takes applicants from all provinces.

PHONE #: 902-305-4080

HOW TO ACCESS: Self-referrals; Referrals from community agencies and parents.

DIRECT REFERRAL: Pam - treyns2015@gmail.com



Welcome Housing and Support Services

Welcome Housing helps individuals in the Halifax & Dartmouth area find, secure and keep housing; finding a safe place to live is the goal.

WEBSITE: www.welcomehousing.ca

FACEBOOK: @welcomehousing

SERVICES OFFERED: Independent living in six (6) buildings owned by Welcome Housing; Subsidy or rent geared to income; Application and paperwork support; Landlord communication; Goal setting; New skills; Healthy choices support (physical and mental health); Tenant Support Workers; Wellness Coordinator; Intensive Case Managers.

PARTICIPANT INCLUSION: All Gender Inclusive; 18+

REGION COVERED: Halifax Regional Municipality

LOCATION: 2330 Gottingen Street, Halifax, NS

PHONE #: 902-423-5479

HOW TO ACCESS: Call our main line at 902-423-5479, or visit our website www.welcomehousing.ca, or stop by to make an appointment at 2330 Gottingen Street.

DIRECT REFERRAL:

Laura MacKay, Executive Director -
laura@welcomehousing.ca





YWCA Halifax - Housing Programs

YWCA Halifax is a multi-service agency that builds economic security, promotes wellness and creates opportunities for women, girls and their families by providing a strong voice and integrated services.

WEBSITE: www.ywcahalifax.com

FACEBOOK: @ywcahalifax

SEE ALSO: Specialized CSEC Programs and Services; Housing; Additional Housing Supports; Youth Programs & Outreach; Education & Employment Services; Family & Parenting Services; Systems-Based Services; Appendix 2

SAFER SPACES (NSTAY PROGRAM)

PROGRAM DESCRIPTION: A 24-hour staffed, supportive emergency/crisis housing program for all youth, aged 16-26, exiting the sex trade.

PARTICIPANT INCLUSION: All Gender Inclusive; 16-26

REGION COVERED: Located in Dartmouth; Participants from anywhere in Nova Scotia

PHONE #: 782-414-7657

HOW TO ACCESS:
Referral through NSTAY Program Intake.

DIRECT REFERRAL: NSTAY@ywcahalifax.com

PROGRAM WEBSITE: www.ywcahalifax.com/programs/nstay/



SUPPORTIVE HOUSING FOR YOUNG MOTHERS (SHYM)

PROGRAM DESCRIPTION: SHYM provides supportive housing, parenting support, and life skills development. SHYM provides a safe, nurturing environment, self-contained housing, access to common areas such as a program room, children's playroom and backyard, case management, home visitation, group programming, and 24-hour access to on-site staff.

PARTICIPANT INCLUSION: Women and Girls; 16-24; In 3rd Trimester of Pregnancy or Independently Parenting a Child or Children

REGION COVERED: Located in Dartmouth; Participants from anywhere in Nova Scotia

PHONE #: 902-410-8766

HOW TO ACCESS: Participants 16-18 can call or email to self-refer. Participants 18+ must complete a referral to the By Name List. Call for more information.

DIRECT REFERRAL: Shelly - housing@ywcahalifax.com

PROGRAM WEBSITE: www.ywcahalifax.com/programs/supportive-housing/shym/



WOMEN IN SUPPORTIVE HOUSING (WISH)

PROGRAM DESCRIPTION: WISH provides safe, secure, supported housing to single women who have experienced homelessness, and have barriers to stable housing. WISH offers furnished apartments, support with financial management, home visitation, eviction prevention, case planning, service navigation, individualized support, and 24-hour emergency on-call support. YWCA Halifax holds the lease and provides advocacy and assistance with housing.

PARTICIPANT INCLUSION: Trans and cis women/ girls; 19+; In receipt of Income Assistance

REGION COVERED: Halifax Regional Municipality

PHONE #: 902-410-8766

HOW TO ACCESS: A referral to the By Name List must be completed. Call for more information.

DIRECT REFERRAL: Shelly -
housing@ywcahalifax.com

PROGRAM WEBSITE: www.ywcahalifax.com/programs/supportive-housing/wish/



ADDITIONAL HOUSING SUPPORTS

Family Service Association of Western Nova Scotia - Housing Support

The Family Service Association of Western Nova Scotia (FSAWNS) works with our most underserved youth & families to provide support, services, and advocacy for real change at individual, community & system levels. We are here for you.

WEBSITE: www.fsawns.com

FACEBOOK: @fsawns

SEE ALSO: Youth Programs & Outreach; Sexual Health Services; Family and Parenting Services

PROGRAM DESCRIPTION: Housing Support works with participants who have experienced chronic homelessness; are precariously housed (couch surfing); unhoused (sleeping rough); in public and community institutions (hospital, correctional facility, foster care, transition house) with no housing arranged for exit date; or are at imminent risk of homelessness (eviction within 30 days, leaving intimate partner violence or family violence, being forced out of housing).



PROGRAM SUPPORTS: Outreach (Lunenburg & Queens Counties); Drop-in intake access; Basic needs access (on-site food, shower & laundry, mobile phone, Supported Access to Primary Healthcare); Trusteeship (assistance with rental and benefits applications, understanding the Residential Tenancies Act and the Child and Family Services Act, money management, financial advocacy, utilities support, linkages to community resources); Case management (Housing first wrap-around supports); Collaboration with service providers and organizations; Advocacy.

PARTICIPANT INCLUSION: All Gender Inclusive; 19+; Experiencing homelessness or risk of homelessness or homelessness prevention

REGION COVERED: Lunenburg & Queens Counties

LOCATION: 629 King Street, Bridgewater, NS

PHONE #: 902-521-5596

HOW TO ACCESS: Drop-In Hours: Monday to Friday 9:00am to 5:00pm; Call or email to inquire.

DIRECT REFERRAL: Cindy MacIsaac -
intake.hsp@gmail.com



Native Council of Nova Scotia- Rural Aboriginal Homelessness Program

The Native Council of Nova Scotia is the self-governing authority for the large community of Mi'kmaq/Aboriginal peoples residing off-reserve in Nova Scotia throughout traditional Mi'kmaq territory. Our goal is to operate and administer a strong and effective Aboriginal Peoples Representative Organization that serves, advocates and represents our community.



WEBSITE: www.ncns.ca/

FACEBOOK: www.facebook.com/groups/167327773429766

SEE ALSO: Housing; Youth Programs & Outreach; Education & Employment Services; Family & Parenting Services

PROGRAM DESCRIPTION: The Rural Aboriginal Homelessness Program was developed to assist rural off-reserve Aboriginal Peoples who are homeless or at risk for homelessness that currently reside in rural areas of Nova Scotia. Our program objective is to assist individuals and families to locate and sustain safe affordable housing and build partnerships with landlords throughout Nova Scotia.

PROGRAM SUPPORTS: Housing placement; Housing loss prevention; Client support services; Referrals to appropriate systems; Programs and workshops; Advocacy.

PARTICIPANT INCLUSION: All Gender Inclusive; Indigenous

REGION COVERED: Nova Scotia wide

PHONE #: 902-895-1738

TOLL FREE: 1-800-565-4372

HOW TO ACCESS: Call or email to inquire.

DIRECT REFERRAL: ncnshps@eastlink.ca

PROGRAM WEBSITE: www.ncns.ca/ncns-rural-aboriginal-homelessness-program/



YWCA Halifax - December 6th Fund

YWCA Halifax is a multi-service agency that builds economic security, promotes wellness and creates opportunities for women, girls and their families by providing a strong voice and integrated services.

WEBSITE: www.ywcahalifax.com

FACEBOOK: @ywcahalifax



SEE ALSO: Specialized CSEC Programs and Services; Housing; Education & Employment Services; Family & Parenting Services; Systems-Based Services; Appendix 2

PROGRAM DESCRIPTION: The December 6th Fund provides individualized support to people who have experienced violence and abuse.

PROGRAM SUPPORTS: Micro-loan up to \$500 to cover housing and/or safety costs (damage deposit, rent, power payments/arrears, moving or storage costs, and phone/internet payments); Flexible and affordable repayment schedule based on individual means; Resource navigation and advocacy related to the loan process; Referrals to other organizations for broader needs.

PARTICIPANT INCLUSION: Trans and cis women, non-binary, and gender non-conforming persons; 18+; Recent experience of abuse or violence; Participant must have a source of income (wages, income assistance, and other government benefits eligible)

REGION COVERED: Nova Scotia wide

PHONE #: 782-414-5715

HOW TO ACCESS: Call, text or email to start the application process. This includes an initial screening call, an intake appointment, and a follow-up appointment. Applicants outside HRM must provide a referral letter from a local support agency.

DIRECT REFERRAL: december6@ywcahalifax.com

PROGRAM WEBSITE: www.ywcahalifax.com/programs/violence-against-women/



SEXUAL HEALTH SERVICES

These agencies provide physical and sexual health services such as paps, pregnancy testing, and STI testing.

Antigonish Women's Resource Centre & Sexual Assault Services Association- Lindsay's Health Centre for Women

The Antigonish Women's Resource Centre & Sexual Assault Services Association (AWRCSASA) is an independent, feminist, community-based organization. We provide information, services, and programs for women, girls, Two-Spirit, trans and non-binary people and their families and communities. We address their concerns through community development, education, and research. Guided by the experiences and knowledge of women, girls, Two-Spirit, trans and non-binary people, the AWRCSASA works to create a just and equitable society.



WEBSITE: www.awrcsasa.ca/

FACEBOOK: @awrcsasa

SEE ALSO: Counselling & Mental Health Services

PROGRAM DESCRIPTION: Lindsay's Health Centre for Women provides woman-centered, collaborative, health care for women, adolescent girls, Two-Spirit, and trans and non-binary folks every Thursday from 9:00am-4:00pm by a team that includes a Physician, a Nurse Practitioner, Mental Health, Addictions, and the Antigonish Women's Resource Centre & Sexual Assault Services Association.

PROGRAM SUPPORTS: Mental Health and Addictions services; Women's Centre; Physician and a Nurse Practitioner; Programming designed to help individuals to make informed decisions about their health.

PARTICIPANT INCLUSION: Women, girls, two spirit, trans, and non-binary people; 16+

REGION COVERED: Antigonish & Guysborough Counties

LOCATION: 219 Main Street, Antigonish, NS

PHONE #: 902-318-9984

HOW TO ACCESS: Individuals can self-referral and Community Agencies can refer; Call, text, or email to inquire.

DIRECT REFERRAL: info@awrcsasa.ca

PROGRAM WEBSITE: www.awrcsasa.ca/lindsays-health-centre-for-women/our-services/



Family Service Association of Western Nova Scotia - Supported Access to Primary Healthcare at Freeman House

The Family Service Association of Western Nova Scotia (FSAWNS) works with our most underserved youth & families to provide support, services, and advocacy for real change at individual, community & system levels . We are here for you.

WEBSITE: www.fsawns.com/

FACEBOOK: @fsawns

SEE ALSO: Housing; Housing: Additional Housing Supports; Youth Programs & Outreach; Family & Parenting Services

PROGRAM DESCRIPTION: Supported Access to Primary Health Care is a wrap-around worker supported process for linking Lunenburg County youth, adults and families with Primary Health Care who may not otherwise choose to access the healthcare system.

PROGRAM SUPPORTS: Trauma-informed access to medical consultation and examination site at Freeman House; Follow up support provided as needed; Preventative individualized primary healthcare access in situations that may escalate into emergencies; Gender-based competency (sexual and reproductive health support including access to abortion services); 2SLGBTQIA+ support (for non-binary and/or transitioning persons); Confidential access; Non-stigmatizing harm reduction supports; Safe supplies.



PARTICIPANT INCLUSION: All Gender Inclusive; 16+

REGION COVERED: Lunenburg & Queens Counties

LOCATION: 48 Empire Street, Bridgewater, NS

PHONE #: 902-543-7444

HOW TO ACCESS: Call or email to inquire.

DIRECT REFERRAL: familyservice.fsawns@gmail.com

PROGRAM WEBSITE: www.fsawns.com/?p=3943



Family Service of Eastern Nova Scotia - Men's Health Centre



The Family Service of Eastern Nova Scotia works actively to develop services and programs that meet the needs of children, youth, individuals, couples and families throughout Eastern Nova Scotia.

WEBSITE: www.ensfamilyservice.ca/

FACEBOOK: @FSENovaScotia

SEE ALSO: Counselling & Mental Health Services; Youth Programs & Outreach; Family & Parenting Services

PROGRAM DESCRIPTION: The Men's Health Centre Services are offered in collaboration with The Nova Scotia Health Authority, Mental Health Services, Addiction Services, Public Health and a Doctor.

PROGRAM SUPPORTS: STI screening; HIV testing; Gender and sexuality counselling; Sexual orientation and expression counselling; Sexual victimization resources; Cancer screening; Physical health; Mental and emotional Health.

PARTICIPANT INCLUSION: Trans and cis men & boys; 12+

REGION COVERED: Antigonish

LOCATION: 275 Main Street, Suite 103, Antigonish, NS

PHONE #: 902-863-2358

HOW TO ACCESS: Call to inquire.

PROGRAM WEBSITE: www.ensfamilyservice.ca/programs/mens-health-centre/



Sexual Health Centre for Cumberland County

The Sexual Health Centre for Cumberland County champions informed, responsible attitudes regarding sexual health through the delivery of programs and services to meet community needs. They ensure the community is supported in all aspects of sexual and reproductive health, including healthy relationships and violence prevention, safer spaces and inclusion, and one-on-one guidance and support. Their goal: to reduce stigma associated with sexual health in Cumberland County.



WEBSITE: www.sexualhealthmatters.ca/

FACEBOOK: @Sexual-Health-Centre-for-Cumberland-County-225778277501746

SERVICES OFFERED: Safer sex supplies; Anonymous pregnancy testing; Individual guidance and support; Resource centre and library; Youth camps; It Matters Media Program; Youth Leadership Programs; Girls World Programming (Youth between the ages of 8-12); Youth clinics; Advocacy; Sexual violence prevention & navigation support.

PARTICIPANT INCLUSION: All Gender Inclusive; All Ages

REGION COVERED: Cumberland County

LOCATION: 82 Church Street, Amherst, NS

PHONE #: 902-667-7500

HOW TO ACCESS: Individuals can self-refer;
Call, email, or contact via social media to inquire
(Instagram & TikTok @sexualhealthmatters).

DIRECT REFERRAL: Rene - sexualhealthmatters@gmail.com

sexual
Health Centre
CUMBERLAND COUNTY

Shelburne County Youth Health & Support Association (SCYHSA) - Our House Youth Wellness Centre



SCYHSA provides services & support to the youth of Shelburne County and strives to decrease marginalization, discrimination and vulnerability through advocacy and action that promotes equity.

WEBSITE: www.ourhouse.scyhhsa.com/

FACEBOOK: [@ourhouse.youthwellnesscentre](https://www.facebook.com/ourhouse.youthwellnesscentre)

SEE ALSO: Youth Programs & Outreach;
Education & Employment Services

PROGRAM DESCRIPTION: Our House Youth Wellness Centre is a proud part of the Shelburne County Youth and Support Association and, as an outreach centre, holds the same mission and values.

PROGRAM SUPPORTS: Sexual health and information;
Sexual violence prevention; Teen pregnancy and parent Support; Sanitary items.

PARTICIPANT INCLUSION: All Gender Inclusive;
12-24; Drop-in: 12-18.

REGIONS COVERED: Shelburne County

LOCATION: King Street, Shelburne, NS

PHONE #: 902-875-3337

HOW TO ACCESS: Call or email to inquire.

DIRECT REFERRAL: Melissa- melissa@scyhsa.com

PROGRAM WEBSITE: www.ourhouse.scyhsa.com/services



Shelburne County
Mental Health & Wellness Association



South Shore Sexual Health



South Shore Sexual Health is a feminist, sex work positive, pro-choice, trauma-informed, 2SLGBTQ+ positive resource centre that offers education, programming and resources. South Shore Sexual Health provides a variety of materials and educational services as well as free or low-cost condoms (internal and external), and pregnancy tests. Sex positive support, supplies, and services for all folx.

WEBSITE: www.sexualhealthlunenburg.com

FACEBOOK: @southshoresh

SERVICES OFFERED: The Compassionate Fund (emergency contraception, gender-affirming gear, regular contraception, menstrual supplies, and other compassionate items); The TransFORMATION Closet: Gender affirming gear; Education; Guidance; Positive Pleasures Therapeutic Toys (sells lower cost, budget-friendly toys for pleasure and gender affirmation); Resources and information; Safer sex supplies and pregnancy tests; Health Care System navigation support.

PARTICIPANT INCLUSION: All Gender Inclusive; All ages

REGION COVERED: Lunenburg & Queens Counties

LOCATION: 109 Logan Road, Unit 1B (out back),
Bridgewater, NS

PHONE #: 902-527-2868

HOW TO ACCESS: Call or email to inquire.

DIRECT REFERRAL: Julie -
southshoresexualhealth@gmail.com



Tri-County Women's Resource Centre - Leahey Wellness Clinic



Tri-County Women's Resource Centre strives to be accessible by reaching women and girls throughout the Tri-Counties by offering programs and services, satellite offices, a toll free number and a primary location in Yarmouth. By providing the tools to intervene in crisis situations that women and girls face, we are able to relieve poverty and other barriers in their lives. Tri-County Women's Resource Centre offers women and girls their assistance as they move forward in achieving their educational, work, and life goals.

WEBSITE: www.tricountywomenscentre.org/

FACEBOOK: @tricountywomenscentre

SEE ALSO: Counselling & Mental Health Services

PROGRAM DESCRIPTION: The Leahey Wellness Clinic is a health clinic housed in the Tri-County Women's Centre. There is no referral needed, self-referrals are accepted. All clinics are safe zones.

PROGRAM SUPPORTS: Women's Health Clinics; Pap tests; STI testing; Home of the Southwest Pride Health Clinic.

PARTICIPANT INCLUSION: Trans and cis women/girls; All ages

REGION COVERED: Yarmouth, Digby & Shelburne Counties

LOCATION: 12 Cumberland Street, Yarmouth, NS

PHONE #: 902-742-1790

HOW TO ACCESS: Call or email to inquire.

DIRECT REFERRAL: lwc@tricountywomenscentre.org

PROGRAM WEBSITE: www.tricountywomenscentre.org/wellness-clinic.html



Sexual Assault Nurse Examiners (SANE)

Sexual Assault Nurse Examiner (SANE) Program are registered nurses who have completed specialized education and clinical preparation in medical forensic care for patients who have experienced sexual assault or abuse. Delivered through contracted service providers, on-call SANE nurses provide immediate care within seven days of a sexual assault to people who would like supportive care, including medical attention, information about resources, as well as the option to have forensic evidence collected. The SANE program provides response 24 hours a day, seven days a week and offers the following options:

- Medical examination
- Forensic examination
- Expert testimony in a court of law, if requested by the court
- Supportive care and follow-up for victims
- Collection and storage of forensic evidence (up to six months) if the victim/survivor is unable or not ready to proceed with a police investigation immediately but would like to consider the option to do so later
- Telephone response line for immediate sexual assault information and support

WEBSITE

[www.nshealth.ca/service-details/Sexual%20Assault%20Nurse%20Examiner%20\(SANE\)%20Program](http://www.nshealth.ca/service-details/Sexual%20Assault%20Nurse%20Examiner%20(SANE)%20Program)

Avalon Sexual Assault Centre

Halifax Regional Municipality:
902-425-0122

Antigonish Women's Resource Centre

Guysborough, Antigonish, Pictou
& Richmond Counties:
1-877-880-SANE (7263)

Every Woman's Centre

Sydney & greater Cape
Breton areas: **1-844-858-8036**

Victoria Order of Nurses (VON)

Cumberland, Colchester, East Hants & Eastern Shore
areas: **1-833-757-SANE (7263)**

Tri-County Women's Centre

Digby, Yarmouth & Shelburne Counties:
1-833-577-SANE (7263)

COUNSELLING & MENTAL HEALTH SERVICES

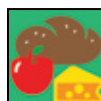
These agencies offer free counselling and additional mental health supports.

Antigonish Women's Resource Centre & Sexual Assault Services Association

The Antigonish Women's Resource Centre & Sexual Assault Services Association (AWRCSASA) is an independent, feminist, community-based organization. We provide information, services, and programs for women, girls, Two-Spirit, trans and non-binary people and their families and communities. We address their concerns through community development, education, and research. Guided by the experiences and knowledge of women, girls, Two-Spirit, trans and non-binary people, the AWRCSASA works to create a just and equitable society.

WEBSITE: www.awrcsasa.ca

FACEBOOK: @awrcsasa



SEE ALSO: Sexual Health Services

SERVICES OFFERED: Direct Services: supportive listening and problem-solving, systems navigation, Guysborough County outreach, Income Tax Return support, emergency financial assistance based on identified needs; Newcomer Support Services: assistance with forms, documents, and translations related to settlement, assistance with housing, school and childcare registration, education and employment; Healthy Relationships for Youth Programming; Waves of Change Bystander Intervention Program; Circles of Support and Change Project; Sexual Assault Nurse Examiner (SANE) Program; Specialized Sexual Violence Trauma Therapy.

PARTICIPANT INCLUSION: Women, girls, two spirit, trans, and non-binary people; 16+; Some programs are extended to family members, youth and survivors of sexual violence of all genders

REGION COVERED: Antigonish & Guysborough Counties

LOCATION: 219 Main Street, Antigonish, NS

PHONE #: 902-863-6221

HOW TO ACCESS: Individuals can self-refer and community agencies can refer; Call, text, or email to inquire.

DIRECT REFERRAL: info@awrcsasa.ca



Avalon Sexual Assault Centre

The Avalon Sexual Assault Centre is a feminist organization working to eliminate sexual assault/abuse, and to change the current socio-political culture that fosters sexism, social injustice and other forms of oppression. Avalon is committed to confidential, non-judgmental and professional service. The majority of their services are free of charge, with the exception of their professional training services, which are offered on a sliding scale.



WEBSITE: www.avaloncentre.ca

FACEBOOK: @CentreAvalon

SEE ALSO: Appendix 2

SERVICES OFFERED: Individual therapeutic counselling; Information sessions for parents and partners; Groups and workshops; Sexual Assault Nurse Examiner (SANE); Community/Legal Education and Training; Advocacy; Community initiatives; Service navigation; Capacity coordination.

PARTICIPANT INCLUSION: (All services except counselling) All Gender Inclusive; All ages; (Counselling program): Trans and cis women/girls, and non-binary people; 16+

REGION COVERED: Halifax Regional Municipality

LOCATION: Dresden Row, Halifax, NS

PHONE #: 902-422-4240

HOW TO ACCESS: Call for intake.

DIRECT ORGANIZATIONAL REFERRAL:

Dee - dee@avaloncentre.ca

DIRECT INTAKE REFERRAL:

Leticha - leticha@avaloncentre.ca



CaperBase Outreach Services - Mental Health Programs

CaperBase Outreach Services is an interdisciplinary team of health professionals that work with youth, families, schools and other community partners to create solutions, opportunities and supports that provide youth with the building blocks to live healthy, fulfilling and productive lives.

WEBSITE: www.caperbase.com

SEE ALSO: Youth Programs & Outreach;
Family & Parenting Services



ACCESS 808

PROGRAM DESCRIPTION: CaperBase @ Access 808 is a one-stop shop Resource Centre for youth ages 16 to 24. We work with youth, families, schools, and community organizations to provide a safe, youth friendly space that is confidential and non-judgemental. Individual counselling sessions available.

PARTICIPANT INCLUSION: All Gender Inclusive; 16-24

REGION COVERED: Cape Breton Regional Municipality

LOCATION: 808 George St, Sydney, NS

PHONE #: 902-539-7233

HOW TO ACCESS: Drop-in Hours: Monday and Wednesday 8:30am-4:30pm, Tuesday and Thursday 8:00am-7:30pm, Friday by appointment only;
Call or drop-in to access services.

PROGRAM WEBSITE: www.caperbase.com/access-808.html

INDIVIDUAL/GROUP RECREATION THERAPY

PROGRAM DESCRIPTION: Recreation therapy can help youth to become more engaged in healthy recreation which will increase their ability to cope with the stresses of life. Music, art, cooking, exercise, outdoor activities – these and many other recreation activities are what keeps us healthy and happy. The recreation therapist will work one-on-one with youth to assess needs and interests, plan healthy recreation activities in the community and at home, as well as group programming, and support the youth to build skills to participate in healthy recreation and cope with stress.

PARTICIPANT INCLUSION: All Gender Inclusive; 14-24

REGION COVERED: Cape Breton Regional Municipality

LOCATION: Cape Breton Regional Municipality

PHONE #: 902-539-7233

HOW TO ACCESS: Call to inquire.

PROGRAM WEBSITE: www.caperbase.com/upseries.html



Colchester Sexual Assault Centre

The Colchester Sexual Assault Centre (CSAC) is a non-profit, community-based organization dedicated to strengthening, empowering, and supporting those impacted by sexual violence in a gender-equitable, compassionate environment.

WEBSITE: www.colchestersac.ca

FACEBOOK: @ColchesterSAC

SERVICES OFFERED: Trauma counselling for those impacted by sexual assault/violence either directly (survivor) or indirectly (parent, partner, friend, support person); Aftercare (Journey Program); Education; Community connections.

PARTICIPANT INCLUSION: All Gender Inclusive; 16+; Counselling therapists can meet with youth 12-15 years old on a case-by-case basis with parent/guardian consent

REGION COVERED: Colchester, Cumberland, East Hants & Pictou Counties

LOCATION: Commercial Street, Truro, NS

PHONE #: 902-897-4366

HOW TO ACCESS: Call or email to inquire; Complete appointment request on website.

DIRECT REFERRAL: Sara-Lynne - slantz@colchestersac.ca



ElevateHER Mental Health Support Services Canada

ElevateHER Mental Health Support Services Canada is a federally incorporated not-for-profit providing individual and group mental health services throughout Canada, primarily based in Nova Scotia. ElevateHER provides workshops, events, programming, individual coaching and other support services to alleviate barriers rural areas face when accessing mental health services.

WEBSITE: www.elevatehercanada.ca

FACEBOOK: @elevatehermhsscana

SERVICES OFFERED: Workshops; Events; Programming; Coaching; Support services; After-school programming for children and teens; Programming for Correctional Facilities & Youth Centres; Support groups; Free and affordable services.

PARTICIPANT INCLUSION: Trans and cis women/girls and their families; 12+

REGION COVERED: Nova Scotia wide

LOCATION: Revere Street, Truro, NS

PHONE #: 902-897-0852

HOW TO ACCESS: Call or email to inquire.

DIRECT REFERRAL: Stephanie - elevateher@outlook.com



Family Service of Eastern Nova Scotia - Counselling Services

The Family Service of Eastern Nova Scotia works actively to develop services and programs that meet the needs of children, youth, individuals, couples and families throughout Eastern Nova Scotia.

WEBSITE: www.ensfamilyservice.ca/

FACEBOOK: @FSENovaScotia

SEE ALSO: Sexual Health Services;
Youth Programs & Outreach;
Family & Parenting Services

PROGRAM DESCRIPTION: Counselling Services are all offered by trained clinicians who are licensed with their provincial or federal professional associations. Counsellors help clients to work on the issues they want to work on and help them work towards a goal that they have set. Counselling Services are short term and give space to clients to talk about what is bothering them and learn new ways of coping.

PROGRAM SUPPORTS: Understanding and coping with emotional difficulties; Building self-esteem; Improving communication; Learning new skills as a parent; Dealing with conflict in relationships; Helping with marital or relationship problems; Coping with a family separation; Building skills to manage stress, anxiety or depression; Support in managing grief or loss; Coping with a crisis or challenge in your life; Understanding and coping with traumatic experiences.



PARTICIPANT INCLUSION: All Gender Inclusive; 6+

REGION COVERED: Eastern Nova Scotia

LOCATION:

- (1) 295 George Street, Suite 302, Sydney, NS
 - (2) 9 Minto Street, Glace Bay, NS
 - (3) Inverness, NS
 - (4) 218 MacSween Street, Suite 34, Port Hawkesbury, NS
 - (5) 275 Main Street, Suite 103, Antigonish, NS
 - (6) 68 Provost Street, New Glasgow, NS
-

PHONE #:

- (1) 902-539-6868
 - (2) 902-849-4772
 - (3) 902-625-0131
 - (4) 902-625-0131
 - (5) 902-863-2358
 - (6) 902-752-7562
-

TOLL FREE: 1-866-330-5952

HOW TO ACCESS: Call toll free line, local office, or use contact form online to book a telephone intake appointment.

PROGRAM WEBSITE:

www.ensfamilyservice.ca/programs/counseling/



Mi'kmaw Native Friendship Centre - Mental Health Supports



The Mi'kmaw Native Friendship Centre (MNFC) is a non-profit, board governed organization that currently operates nine core programs. The mission of the MNFC is to provide structured, social-based programming for Urban Aboriginal People while serving as a focal point for the urban aboriginal community to gather for a variety of community functions and events.

WEBSITE: www.mymnfc.com

FACEBOOK: @Mikmaw-Native-Friendship-Centre-121366117945828

SEE ALSO: Housing; Youth Programs & Outreach; Education & Employment Services

MENTAL HEALTH AND SUBSTANCE USE COUNSELOR

PROGRAM DESCRIPTION: The Mental Health and Substance Use Counselor provides mental health and substance use counselling for clients of the Mi'kmaw Native Friendship Centre.

PARTICIPANT INCLUSION: All Gender Inclusive; 18+; Urban Indigenous

REGION COVERED: Halifax Regional Municipality

LOCATION: Gottingen Street, Halifax, NS

PHONE #: 902-420-1576

HOW TO ACCESS: Community members can speak with the Mi'kmaw Native Friendship Centre staff of the program or service they are connected with and request a referral.

DIRECT REFERRAL: Jenn - jennifer.maclennan@mymnfc.com

VICTIM SUPPORT NAVIGATOR

PROGRAM DESCRIPTION: The Victim Support Navigator (VSN) is a supportive resource whose services are primarily aimed to support women who have been victimized by all forms of violence. The VSN uses holistic practices and a trauma informed approach to improve the lives of Urban Aboriginal peoples with respect and empathy. Services include: referrals, smudging, connections to cultural practices, advocacy, awareness, hosting vigils, collaboration with other community services.

PARTICIPANT INCLUSION: Trans and cis women; 18+; Urban Indigenous

REGION COVERED: Halifax Regional Municipality

LOCATION: Gottingen Street, Halifax, NS

PHONE #: 902-420-1576

HOW TO ACCESS: Call or email to inquire.

DIRECT REFERRAL: Denise - denise@mymnfc.com

PROGRAM WEBSITE: www.mymnfc.com/2020/01/13/victim-support-navigator/



Mi'kmaw
Native
Friendship
Centre

Nova Scotia Native Women's Association - Jane Paul Indigenous Women's Resource Centre

The Nova Scotia Native Women's Association (NSNWA) is a provincial Indigenous organization that helps empower Indigenous women by being involved in developing and changing legislation which affect them, and by involving them in the development and delivery of programs promoting equal opportunity for Mi'kmaq women and their families. The NSNWA is a collective of 16 local chapters across Nova Scotia: the 13 First Nations communities, plus three off reserve zones of Halifax, Sydney and South Shore.

WEBSITE: www.nsnwa.ca

FACEBOOK: @janepaulcentre

SEE ALSO: Specialized CSEC Programs & Services

SERVICES OFFERED: Mental health support; Life-enhancing resources; Cultural ceremonies and teachings; Elder support.

PARTICIPANT INCLUSION: Trans and cis women/girls; 16+; Indigenous Only

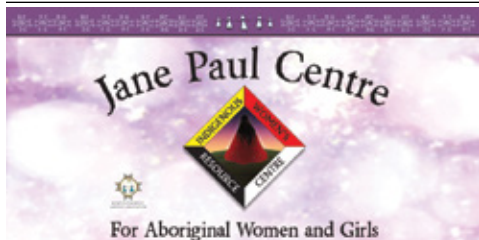
REGION COVERED: Cape Breton Regional Municipality

LOCATION: 440 George Street, Sydney, NS

PHONE #: 902-593-5890

HOW TO ACCESS: Call or email to inquire.

DIRECT REFERRAL: mmiwgprevention@nsnwa.net



The Peoples' Counselling Clinic

The Peoples' Counselling Clinic is a registered non-profit, community based, pro-bono mental health clinic that provides direct services and public education focused on issues of trauma, race, sex and gender. They work with underserved populations including victims and perpetrators of sexual and intimate partner violence using a forensic mental health approach to practice. They have partnered with various Justice and Community Agencies to offer assessments, counselling, and case management services to people of all genders, although their focus has been on male-identified individuals.



WEBSITE: www.thepeoplescounsellingclinic.ca/

SERVICES OFFERED: Clinical or therapeutic counselling; Public education and awareness; Case management; Advocacy; Mental health services; Addictions support; Sexual health services; Systems navigation.

PARTICIPANT INCLUSION: All Genders; Age 16+

REGION COVERED: Nova Scotia wide

LOCATION: Portland Place, Dartmouth, NS

PHONE #: 902-832-1593

HOW TO ACCESS: Call or email to book an intake.

DIRECT REFERRAL: James - jamesowendube0411@gmail.com



Pictou County Women's Resource and Sexual Assault Centre



The Pictou County Women's Resource & Sexual Assault Centre works toward a society that offers women a sense of empowerment, choice, and greater control over their lives. The Centre has a long history of community development and working alongside many community and government partners to initiate necessary services and programs. The Centre offers trauma informed programs regarding sexual violence through their contributions to MORPH (mapping our road to power and healing).

WEBSITE: www.womenscentre.ca

FACEBOOK: @pcwomenscentre

SERVICES OFFERED: Individualized advocacy and accompaniment; Information and referrals; Joanne Kohout Memorial Library; Outreach; Support counselling; Various groups for women; Sexual violence support.

PARTICIPANT INCLUSION: Trans and cis women/girls

REGION COVERED: Pictou County

LOCATION: South Frederick Street, New Glasgow, NS

PHONE #: 902-755-4647 OR

TEXT: 902-921-4647

HOW TO ACCESS: Individuals can self-refer and community agencies can refer; Call or email to inquire.

DIRECT REFERRAL: Baillie – morph@womenscentre.ca



Second Story Women's Centre

Second Story Women's Centre offers a welcoming and safe space for girls, women and gender-oppressed people. All services and programs are free. Through support, education and advocacy, Second Story strives for gender equality and safe healthy relationships on the South Shore.

WEBSITE: www.secondstory.ca

FACEBOOK: @secstory

SERVICES OFFERED: Counselling support; Youth counselling; Crisis support; Referrals; Accompaniment; Programming; Workshops; Social advocacy; Outreach (Liverpool, Bridgewater and Chester); Space to gather; Resources; Tax support; Networking opportunities; Volunteer opportunities.

PARTICIPANT INCLUSION: Trans and cis women/girls, and non-binary people; Gender-oppressed people; All ages

REGION COVERED: Lunenburg & Queens Counties

LOCATION: 18 Dufferin Street, Lunenburg, NS

PHONE #: 902-640-3044

HOW TO ACCESS: Drop-In (Window) Hours: Monday, Tuesday, Thursday 9:00am to 4:00pm, Wednesdays 10:00am to 4:00pm; Call or email to inquire; Individuals can self-refer.

DIRECT REFERRAL: info@secondstory.ca



Tri-County Women's Resource Centre

Tri-County Women's Resource Centre strives to be accessible by reaching women and girls throughout the Tri-Counties by offering programs and services, satellite offices, a toll free number and a primary location in Yarmouth. By providing the tools to intervene in crisis situations that women and girls face, we are able to relieve poverty and other barriers in their lives. Tri-County Women's Resource Centre offers women and girls their assistance as they move forward in achieving their educational, work, and life goals.



WEBSITE: www.tricountywomenscentre.org

FACEBOOK: @tricountywomenscentre

SEE ALSO: Sexual Health Services

SERVICES OFFERED: Support counselling; Trauma-specific therapeutic counselling for sexualized violence trauma; Navigation and support for victims and survivors of sexualized violence; Information and referrals to other agencies or services; Meeting accompaniment to legal appointments, medical exams/consultations, Court, Child Welfare, Social Assistance, as well as meetings at the Provincial Building; Referrals.

PARTICIPANT INCLUSION: Trans and cis women/girls; All ages

REGION COVERED: Digby, Shelburne & Yarmouth Counties

LOCATION:

- (1) 12 Cumberland Street, Yarmouth, NS
 - (2) 126 Water Street, Unit #2, Digby, NS
 - (3) 25B King Street, Shelburne, NS
-

PHONE #:

- (1) 902-742-0085
 - (2) 902-245-6866
 - (3) 902-875-4777
-

TOLL FREE: 1-877-742-0085

HOW TO ACCESS: Individuals can self-refer and community agencies can refer; Call or email to inquire.

DIRECT REFERRAL: info@tricitywomenscentre.org



YOUTH PROGRAMS & OUTREACH

These agencies offer youth programming and specialize in youth outreach and engagement.

Association of Black Social Workers (ABSW)



ABSW is a volunteer charitable organization consisting of Black Social Workers and Human Service Workers throughout Nova Scotia. The ABSW provides a structure and forum through which Black Social Workers and workers in related fields can exchange ideas, offer services, and develop programs in the interest of the Black Community and the community at large.

WEBSITE: www.nsabsw.ca

SERVICES OFFERED: Community engagement; Sexual violence and human trafficking prevention; Creating Communities of Care Project; Outreach; Resources for individuals and families in Nova Scotia.

PARTICIPANT INCLUSION: All Gender Inclusive; All ages; Primarily services are offered to African Nova Scotians/ Persons of African Descent however, education services are offered to everyone

REGION COVERED: Nova Scotia wide

LOCATION: 1018 Main Street, Dartmouth, NS

PHONE #: 902-407-8809

HOW TO ACCESS: Call or email to inquire.

DIRECT REFERRAL: nsabswoffice@gmail.com



Big Brothers Big Sisters of Pictou County

Big Brothers Big Sisters believes that every child that needs a mentor, has a mentor. We provide professionally developed mentoring programs to children and youth at risk between the ages of 6-18 through trained volunteers in a safe environment.

WEBSITE: www.pictoucounty.bigbrothersbigsisters.ca

FACEBOOK: @BigBrothersBigSistersPictouCounty

ONE TO ONE MENTORING

PROGRAM DESCRIPTION: Mentoring programs provide children and youth with a role model to talk to and share the experiences of growing up with. A relationship is developed between the mentor and the mentee, which is built on trust and common interests, and is supported by our experienced case-workers. Programs include Big Brothers, Big Sisters, and In-School mentoring.

PARTICIPANT INCLUSION: All Gender Inclusive; 6-18

REGION COVERED: Pictou County and Antigonish

PHONE #: 902-752-6260

HOW TO ACCESS: Fill out enrolment form online.

DIRECT REFERRAL: Karen -
karen.vaughan@bigbrothersbigsisters.ca

REFERRAL FORM: www.bbbsofpc.com



Big Brothers
Big Sisters
OF PICTOU COUNTY



Trafficking &
Exploitation
Services
System

TESS@ywcahalifax.com
f t i @TESSNovaScotia

GROUP MENTORING

PROGRAM DESCRIPTION: Structured group mentoring programs geared to meet the needs of children and youth, including building a positive self-image, making informed choices about a range of healthy lifestyle practices, and connecting with peer mentors in school.

PARTICIPANT INCLUSION: All Gender Inclusive; 6-16

REGION COVERED: Pictou County and Antigonish

PHONE #: 902-752-6260

HOW TO ACCESS: Fill out enrolment form online.

DIRECT REFERRAL: Karen -
karen.vaughan@bigbrothersbigsisters.ca

REFERRAL FORM: www.bbbsofpc.com



YOUTH OUTREACH PROGRAM

PROGRAM DESCRIPTION: Youth Outreach services for youth including crisis management, family work support, mentoring, advocating, counselling, ability for drop in location, facilitating programs and workshops, and assistance accessing supports and services.

PARTICIPANT INCLUSION: All Gender Inclusive; 12-24

REGION COVERED: Antigonish, Guysborough, & Pictou Counties

PHONE #: 902-752-6260

HOW TO ACCESS: Call to access services.

DIRECT REFERRAL: Sarah -
sarah.rozee@bigbrothersbigsisters.ca



Caperbase Outreach Services - Youth Programs

CaperBase Outreach Services is an interdisciplinary team of health professionals that work with youth, families, schools and other community partners to create solutions, opportunities and supports that provide youth with the building blocks to live healthy, fulfilling and productive lives.

WEBSITE: www.caperbase.com

SEE ALSO: Counselling & Mental Health Services; Family & Parenting Services



ACCESS 808

PROGRAM DESCRIPTION: CaperBase @ Access 808 is a one-stop shop Resource Centre for youth ages 16 to 24. We work with youth, families, schools, and community organizations to provide a safe, youth friendly space that is confidential and non-judgemental.

PROGRAM SUPPORTS: Individual counselling sessions; Group programming; Life skills development; Workshops & information sessions; Laundry facilities; Speaker sessions; Computer access; Emergency clothes/food; Shower facilities; Referrals to community resources & supports.

PARTICIPANT INCLUSION: All Gender Inclusive; 16-24

REGION COVERED: Cape Breton Regional Municipality

LOCATION: 808 George St, Sydney, NS

PHONE #: 902-539-7233

HOW TO ACCESS: Drop-In Hours: Monday and Wednesday 8:30am-4:30pm, Tuesday and Thursday 8:00am-7:30pm, Friday by appointment only;
Call or drop-in to access services.

PROGRAM WEBSITE: www.caperbase.com/access-808.html

FREE2BU

PROGRAM DESCRIPTION: An eight week program for youth that focuses on promoting healthy living and allows participants to explore, develop, and discover their strengths. Free2BU encourages participants to celebrate their differences and to connect with their commonalities. This program includes activities that are experiential, fun, and interactive. A discussion component is included to give participants an opportunity to connect on a personal level and to discuss issues that are important to them. Participants will explore and discuss specific topics in a safe, confidential, and encouraging environment.

PARTICIPANT INCLUSION: All Gender Inclusive; 11-24

REGION COVERED: Cape Breton Regional Municipality

LOCATION: Cape Breton Regional Municipality

PHONE #: 902-539-7233

HOW TO ACCESS: Call to inquire.

PROGRAM WEBSITE:
<http://www.caperbase.com/free2bu.html>



FINDING BALANCE

PROGRAM DESCRIPTION: An 8 week interactive program for youth that focuses on promoting a healthy lifestyle. This program allows participants to develop and discover their strengths and overcome barriers. Participants will have an opportunity to experience and practice specific coping strategies/skills including: time management, inter-personal communication, empathy, etc. Finding Balance will explore and discuss specific topics in a safe, confidential, and encouraging environment.

PARTICIPANT INCLUSION: All Gender Inclusive; 11-24

REGION COVERED: Cape Breton Regional Municipality

LOCATION: Cape Breton Regional Municipality

PHONE #: 902-539-7233

HOW TO ACCESS: Call to inquire.

PROGRAM WEBSITE:

www.caperbase.com/free2bu.html

GETUP! PROGRAM

PROGRAM DESCRIPTION: A six to eight week recreation program that focuses on increasing awareness of healthy recreation opportunities in the community and building skills to succeed in these activities. The GetUp! Program focuses on the youths' strengths to help build a positive self-identity through healthy leisure and recreation. This program also allows time for the youth to talk about things that are important and affect the lives of youth in a natural and informal way.

PARTICIPANT INCLUSION: All Gender Inclusive; 14-24

REGION COVERED: Cape Breton Regional Municipality

LOCATION: Cape Breton Regional Municipality

PHONE #: 902-539-7233

HOW TO ACCESS: Call to inquire.

PROGRAM WEBSITE:

www.caperbase.com/upseries.html



Family Service Association of Western Nova Scotia - Youth Outreach at Freeman House

The Family Service Association of Western Nova Scotia (FSAWNS) works with our most underserved youth & families to provide support, services, and advocacy for real change at individual, community & system levels . We are here for you.

WEBSITE: www.fsawns.com/

FACEBOOK: @fsawns

SEE ALSO: Sexual Health Services;
Family and Parenting Services

PROGRAM DESCRIPTION: Youth Outreach supports youth who are: experiencing individual, community and/or system barriers placing them at risk, youth exiting care, young parents, Mi'kmaq/Aboriginal youth living off reserve, African Nova Scotian youth, Newcomer youth and 2SLGBTQIA+ youth.



PROGRAM SUPPORTS: Mobile outreach (Lunenburg & Queens Counties); Drop-in intake access; Emergency response & support (based on self-identified needs including phones, wifi, access to showers, laundry and food); Individualized, group, peer and mentoring supports; Programs & workshops (skill development, financial literacy, cultural & personal identity, health, well-being & relationships); Basic needs supports; Youth-family relationship and/or conflict resolution support; Community collaborations & connections.

PARTICIPANT INCLUSION: All Gender Inclusive; 16-24; Experiencing homelessness or risk of homelessness or homelessness prevention

REGION COVERED: Lunenburg & Queens Counties

LOCATION: 48 Empire Street, Bridgewater, NS

PHONE #:

(1) 902-521-8486

(2) 902-930-2117

HOW TO ACCESS: Drop-In Hours: Monday to Friday
9:00am - 5:00pm; Call, text, email, or drop-in.

DIRECT REFERRAL:

(1) Josh Goode – joshgoode.fh@gmail.com

(2) Kelsie Mosher – kelsiemosher.fh@gmail.com



Family Service of Eastern Nova Scotia - Youth Services

The Family Service of Eastern Nova Scotia works actively to develop services and programs that meet the needs of children, youth, individuals, couples and families throughout Eastern Nova Scotia.

WEBSITE: www.ensfamilyservice.ca/

FACEBOOK: @FSENovaScotia

SEE ALSO: Sexual Health Services; Counselling & Mental Health Services; Family & Parenting Services

PROGRAM DESCRIPTION: To improve the immediate and long-term social, economic and health outcomes for youth between the ages of 16 and 19 who are identified to be at risk.

PROGRAM SUPPORTS: Safe drop in space; Crisis management; Supportive counselling (individual/group); Programs and workshops; Referrals and support to access services and supports (e.g., housing, health, mental health, income assistance, employment training, emergency services); Mentoring; Accompaniment; Systems navigation and support; Outreach; Family work and support, addressing youth-family relationships/conflicts.



PARTICIPANT INCLUSION: All Gender Inclusive; 16-19+; At-Risk

REGION COVERED: Eastern Nova Scotia

LOCATION:

- (1) 295 George Street, Suite 302, Sydney, NS
 - (2) 9 Minto Street, Glace Bay, NS
 - (3) Inverness, NS
 - (4) 218 MacSween Street, Suite 34, Port Hawkesbury, NS
 - (5) 275 Main Street, Suite 103, Antigonish, NS
 - (6) 68 Provost Street, New Glasgow, NS
-

PHONE #:

- (1) 902-539-6868
 - (2) 902-849-4772
 - (3) 902-625-0131
 - (4) 902-625-0131
 - (5) 902-863-2358
 - (6) 902-752-7562
-

TOLL FREE: 1-866-330-5952

HOW TO ACCESS: Call toll free line, local office, or use contact form online to book a telephone intake appointment.

PROGRAM WEBSITE:

www.ensfamilyservice.ca/programs/youth-services/



In My Own Voice (iMOVE) Arts Association



iMOVE delivers arts and technology based programs to marginalized youth and adults in their home communities such as through Centreline Studios, a recording studio located in Uniacke Square; the Uniacke Centre for Community Development, a community service and capacity-building hub located in Uniacke Square; and the Waterville Project, working with youth offenders and at-risk youth.

FACEBOOK: @iMOVEHFX

SERVICES OFFERED: Community-based programs; Youth-directed drop-in activities, focusing on the creation and production of music and film; Offender reintegration; Restorative justice; Social enterprise programming; Life Story Project: Intensive twelve (12) week, arts based peer mentoring program targeting youth held in custody.

PARTICIPANT INCLUSION: All Gender Inclusive; 12+; High-Risk Youth

REGION COVERED: Halifax Regional Municipality

LOCATION: Gottingen Street, Halifax, NS

PHONE #: 902-407-4249

HOW TO ACCESS: Call direct; Self-referrals; Referrals from community agencies and parents.

DIRECT REFERRAL: Sobaz - sobazb@yahoo.com



Mi'kmaw Native Friendship Centre - Youth Programs

The Mi'kmaw Native Friendship Society is a non-profit, board governed organization that currently operates nine core programs. The mission of the Mi'kmaw Native Friendship Centre is to provide structured, social-based programming for Urban Aboriginal People while serving as a focal point for the urban aboriginal community to gather for a variety of community functions and events.



WEBSITE: www.mymnfc.com

FACEBOOK: @Mikmaw-Native-Friendship-Centre-121366117945828

SEE ALSO: Housing; Counselling & Mental Health Services; Education & Employment Services

JUNIOR YOUTH PROGRAM

PROGRAM DESCRIPTION: The Junior Youth program provides urban Indigenous youth with experiences and opportunities in order to assist with addressing some of the barriers and gaps they may face. Through activities, interactions, outings, and culture, youth further enhance various skills within the center and community.

PARTICIPANT INCLUSION: All Gender Inclusive; 9-14; Urban Indigenous

REGION COVERED: Halifax Regional Municipality

LOCATION: Gottingen Street, Halifax, NS

PHONE #: 902-420-1576

HOW TO ACCESS: Drop-In Hours: Wednesday 5:30pm-8:00pm

DIRECT REFERRAL: Richard- richard.taylor@mymnfc.com

PROGRAM WEBSITE:

www.mymnfc.com/2020/01/15/youth-program/

WE ARE ALL CONNECTED (WAAC)

PROGRAM DESCRIPTION: WAAC works to address key problem areas for Indigenous youth and bring together youth of different backgrounds to create change in the community. WAAC educates the broader community and gives youth the resources they need to build community capacity, through traditional Indigenous culture teachings, a cross-cultural youth council, and building leadership skills.

PARTICIPANT INCLUSION: All Gender Inclusive;
15-30; Urban Indigenous

REGION COVERED: Halifax Regional Municipality

LOCATION: Gottingen Street, Halifax, NS

PHONE #: 902-420-1576

HOW TO ACCESS: Call or email to inquire.

DIRECT REFERRAL: Richard - richard.taylor@mymnfc.com

PROGRAM WEBSITE:

www.mymnfc.com/2020/01/15/youth-program/



Mi'kmaw
Native
Friendship
Centre

Native Council of Nova Scotia - Social Youth Outreach Program

The Native Council of Nova Scotia is the self-governing authority for the large community of Mi'kmaq/Aboriginal peoples residing off-reserve in Nova Scotia throughout traditional Mi'kmaq territory. Our goal is to operate and administer a strong and effective Aboriginal Peoples Representative Organization that serves, advocates and represents our community.



WEBSITE: www.ncns.ca

FACEBOOK: www.facebook.com/groups/167327773429766

SEE ALSO: Housing; Housing: Additional Housing Supports; Education & Employment Services; Family & Parenting Services

PROGRAM DESCRIPTION: The Youth Outreach Program supports the holistic needs of Aboriginal youth in realizing and achieving their goals when facing multiple challenges. This program assists youth in finding and utilizing the resources in partnership with community service providers to reduce barriers; Sydney location is wheelchair accessible.

PROGRAM SUPPORTS: Drop-in; Crisis management; Education of families/youth to encourage healthy lifestyles; Programs and workshops; Referrals and linkages; Mentoring; Accompaniment; Outreach; Family work/support; Cultural teachings.

PARTICIPANT INCLUSION: All Gender Inclusive; 16-24; Living off reserve

REGION COVERED: Nova Scotia wide

LOCATION:

(1) Charlotte Street, Sydney, NS
(2) Wyse Road, Dartmouth, NS

PHONE #:

(1) 902-567-1240
(2) 902-405-4730

TOLL FREE: 1-800-565-4372

HOW TO ACCESS: Call or email to inquire.

DIRECT REFERRAL: ncnsyouth@eastlink.ca

PROGRAM WEBSITE:

www.ncns.ca/social-youth-outreach-program/



Peer Outreach Support Services & Education (POSSE) Project - MetroWorks

MetroWorks has helped thousands of people overcome obstacles and realize their employment and educational goals. From its beginnings as a pioneer in community based economic development MetroWorks has continued to evolve and remain relevant to the needs of our community.

FACEBOOK:

@PeerOutreachSupportServicesEducation

INSTAGRAM: @posse_ns

PROGRAM DESCRIPTION: The Peer Outreach Support Services & Education (POSSE) Project is a cutting edge, youth driven, leadership development, peer based, non-judgemental, harm reduction, human rights/truth and reconciliation project. POSSE is a low barrier non-gated service that provides training, support services and street level outreach for youth ages 15-30 living in Windsor/West Hants, Sipekne'katik, and Sackville.



PROGRAM SUPPORTS: Distribution of safer substance use kits; Fentanyl test kits; Emergency food; Mental health information; Sexual health and consent information; Safe sex supplies; Violence and sexualized violence prevention, intervention and information; Peer Support; Street outreach; Youth drop-in; Service navigation and referrals; Crisis intervention and accompaniment; Continuing education; Employment support; Advocacy; Meeting accompaniment; Harm reduction.

PARTICIPANT INCLUSION: All Gender Inclusive; 15-30

REGIONS COVERED: Windsor/West Hants, Sipekne'katik, & Sackville

COMMUNITY OFFICE: 11 Water Street, Windsor, NS

PHONE #: 902-799-0752

HOW TO ACCESS: Call, text, email or message to inquire.

DIRECT REFERRAL: Kimm & Amanda -
posse@mymetroworks.ca



Phoenix Youth Programs - Youth Outreach

Phoenix is a non-profit, community based organization located in K'jipuktuk/Halifax, Nova Scotia. Together with the community, we support youth and families in their journey to thrive. We are a voice for social justice and community engagement.

WEBSITE: www.phoenixyouth.ca

FACEBOOK: @PhoenixYouthPrograms

SEE ALSO: Housing; Education & Employment Services

PROGRAM DESCRIPTION: The Phoenix Youth Outreach Program provides support to youth ages 16 - 24 within their family and community context.

PROGRAM SUPPORTS: Mentorship; Advocacy; Accompaniment; Housing; Employment and education; Arts and recreation; Health services; Family support.

PARTICIPANT INCLUSION: All Gender Inclusive; 16-24

REGION COVERED: Halifax Regional Municipality

LOCATION: 122 - 123 Jarvis Lane, Halifax, NS

PHONE #: 902-818-5737

TOLL-FREE: 1-877-332-3331

HOW TO ACCESS: Drop-in Hours: Monday to Friday 9:00am-5:00pm; Individuals can self-refer and community agencies can refer; Call to inquire.

DIRECT REFERRALS: outreach@phoenixyouth.ca

PROGRAM WEBSITE: www.phoenixyouth.ca/services



The Portal Youth Outreach Association - Youth Outreach

The Portal Youth Centre is a registered non-profit charitable organization that is a resource centre for Annapolis Valley youth ages 16-24 who are at risk of currently experiencing homelessness.

WEBSITE: www.portal youth.ca

FACEBOOK: @Portalyouthcentre

SEE ALSO: Housing; Education & Employment Services

PROGRAM DESCRIPTION: Outreach staff connect with youth that are at risk of or currently experiencing homelessness and work with them to navigate their current situations by providing dynamic support that connects to multiple agency partners.

PROGRAM SUPPORTS: Drop-In space for community building; Supportive counselling; Programs to build resiliency; Mentoring; Advocacy; Connection to rehousing; Recreation buddies.

PARTICIPANT INCLUSION: All Gender Inclusive; 16-24; Homeless or At-Risk of Homelessness

REGION COVERED: Annapolis, Kings & West Hants Counties

LOCATION: 6-440 Main Street, Kentville, NS

PHONE #: 902-365-3773

TEXT: Russ 902-691-6556

TOLL-FREE: 1-855-261-3773

HOW TO ACCESS: Call, text or email to inquire.

DIRECT REFERRAL: Melinda - melinda@portal youth.ca

PROGRAM WEBSITE: www.portal youth.ca



the P^{ORTAL}
youth outreach association

Shelburne County Youth Health & Support Association (SCYHSA) - Our House Youth Wellness Centre



SCYHSA provides services & support to the youth of Shelburne County and strive to decrease marginalization, discrimination and vulnerability through advocacy and action that promotes equity. Our House Youth Wellness Centre is a proud part of the Shelburne County Youth and Support Association and as an outreach centre, hold the same mission and values.

WEBSITE: www.ourhouse.scyhsa.com

FACEBOOK: [@ourhouse.youthwellnesscentre](https://www.facebook.com/ourhouse.youthwellnesscentre)

SEE ALSO: Sexual Health Services; Education & Employment Services

SERVICES OFFERED: Youth programs; Community based programs; Crisis support; Supportive counselling; Outreach services; Food support; Utilities and essentials; Independent living support; Job & resume support; Tutoring; Leisure and activity opportunities; Appointment accompaniment; Referral services.

PARTICIPANT INCLUSION: All Gender Inclusive; 12-24; Drop-in: 12-18.

REGION COVERED: Shelburne County

LOCATION: King Street, Shelburne, NS

PHONE #: 902-875-3337

HOW TO ACCESS: Drop- in: Monday to Thursday 3:00pm-6:00pm; Call or email to inquire.

DIRECT REFERRAL: Melissa - melissa@scyhsa.com



Shelburne County
Mental Health & Wellness Association

SHYFT Youth Services

Supportive Housing Youth Focus Team (SHYFT) offers residential and outreach support for homeless and at-risk youth in Digby, Shelburne and Yarmouth counties.

WEBSITE: www.shyft.ca

FACEBOOK: @SHYFTYouthServices

SEE ALSO: Housing

SERVICES OFFERED: Programs and workshops; Washroom, laundry, and kitchen facilities; Meals prepared and shared by youth and staff.

PARTICIPANT INCLUSION: All Gender Inclusive; 16-24

REGION COVERED: Digby, Shelburne & Yarmouth Counties

LOCATION: Can meet with youth throughout the Tri-County area. Office space available in the towns of Shelburne, Yarmouth, and Digby as needed.

PHONE #: 902-881-3111

(main office- see below for Direct Referrals)

TOLL FREE: 1-855-781-3111

HOW TO ACCESS: Call ahead to access Youth Outreach Worker (YOW). Intake completed upon first meeting. YOWs are able to meet with youth at various locations or in our office space(s) located in the towns of Shelburne, Yarmouth, and Digby.

DIRECT REFERRAL:

(1) Yarmouth & Digby Counties: Wanda 902-774-2200, yarmouthoutreach@shyft.ca;

(2) Shelburne County: Robin 902-874-1805, shelburne@tricountywomenscentre.org



South House Sexual and Gender Resource Centre

The South House (SoHo) is Halifax's only full time gender justice centre and it is a volunteer driven, student funded, gender inclusive safe space for ALL members of the community. South House is a trans-and queer-positive space and is proud to offer a wheelchair accessible space. SoHo offers a resource centre, library, and free meeting space for woman-positive and anti-oppression organizing and gathering.



WEBSITE: www.southhousehalifax.org/

FACEBOOK: @southhousehalifax

SERVICES OFFERED: Resources; Supports; Referrals; Safe spaces; Workshops; Educational programs; Virtual peer to peer support; Free safer sex supplies; Basic needs supplies; Bursaries (Emergency Funds).

PARTICIPANT INCLUSION: All Gender Inclusive; All Ages

REGION COVERED: Halifax Regional Municipality

LOCATION: Seymour Street, Halifax, NS

PHONE #: 902-494-2432

HOW TO ACCESS: Email to arrange an appointment or for supply pick-up/drop-off.

DIRECT REFERRAL: Francesca - info@southhousehalifax.ca



YMCA of Southwest Nova Scotia - King Street Youth Centre



The YMCA of Southwest Nova Scotia is a registered charity dedicated to promoting growth of our people in spirit, mind and body. As a charitable organization, the YMCA invests all of its resources in the provision of programs and services focused on the wellness, health and fitness, childcare and personal development needs of all. In the delivery of its programs, services and activities, the YMCA of Southwest Nova Scotia is guided by the following core values: Respect, Inclusiveness, Caring, Responsibility and Honesty. The YMCA of Southwest Nova Scotia is a recognized leader in the areas of preventative health, personal development, and family programs and services for all ages, working with partners to create a stronger community.

WEBSITE: www.ymcalunenburgcounty.org

FACEBOOK: @YMCA Lunenburg County

PROGRAM DESCRIPTION: The YMCA King Street Youth Centre aims to increase social awareness and emphasize the importance of the community's role in the development of all youth by offering a range of free drop-in programming and workshops focused on engagement through team building activity, increased awareness around healthy living skills, personal and leadership ability development and the learning of necessary skills to help youth achieve their fullest potential.

PROGRAM SUPPORTS: Evening and weekend drop-in programs; Workshops; Recreation; South Shore connections; Youth Centre; Youth engagement; Life skills; Leadership; Educational support.

PARTICIPANT INCLUSION: All Gender Inclusive; 11-18

REGION COVERED: Lunenburg County

LOCATION: 416 King Street, Bridgewater, NS

PHONE #: 902-530-3392

HOW TO ACCESS: Drop-In Hours: Wednesday 6:00pm-9:00pm, Friday 5:30pm-9:00pm, Saturday 1:00pm-4:00pm; Program, project and workshop specific referrals can be made by contacting the YMCA Youth Coordinator, Kim Whitman-Mansfield at 902-530-3392.

DIRECT REFERRAL: Kim - kim.whitman-mansfield@ns.ymca.ca

PROGRAM WEBSITE: www.ymcalunenburgcounty.org/what-we-offer/king-street-youth-centre/



The Youth Project

The Youth Project's mission is to make Nova Scotia a safer, healthier, and happier place for 2SLGBTQIA+ youth through support, education, resource expansion and community development. The Youth Project is a multi-service organization hosting an education team, programming team, and support services worker with an aim to further the inclusion and wellness of 2SLGBTQIA+ under the age of 25, foster 2SLGBTQIA+ knowledge exchange and training, increase access to public services, and provide social and cultural programs/services/celebrations for 2SLGBTQIA+ youth and their communities.



WEBSITE: www.youthproject.ns.ca

FACEBOOK: @TheYouthProject

SERVICES OFFERED: Peer-based support sessions to discuss local resources; Community-based referrals; Resource library; Educational workshops, Core programming.

PARTICIPANT INCLUSION: Identifies as 2SLGBTQIA+ and/or is questioning; Under 25

REGION COVERED: Nova Scotia wide

LOCATION: Brunswick Street, Halifax, NS

PHONE #: 902-429-5429

HOW TO ACCESS: Email direct referral contact below to set up an appointment or to access resources; Individuals can self-refer; Practitioners, parents/guardians, school GSA and/or school Nurse/Guidance Counselor can refer.

DIRECT REFERRAL: Carmel - carmel@youthproject.ns.ca



YWCA Halifax - Youth Programs

YWCA Halifax is a multi-service agency that builds economic security, promotes wellness and creates opportunities for women, girls and their families by providing a strong voice and integrated services.



WEBSITE: www.ywcahalifax.com

FACEBOOK: @ywcahalifax

SEE ALSO: Specialized CSEC Programs and Services; Housing; Housing: Additional Housing Supports; Education & Employment Services; Family & Parenting Services; Systems-Based Services; Appendix 2

YSPACE

PROGRAM DESCRIPTION: Youth-led cyberviolence prevention program for grades five (5) and six (6), for all genders. YSPACE is dynamic, community-responsive, and incorporates best practices in program delivery and community development. Our free-of-charge programs are facilitated throughout the HRM and specifically target the needs of children who are facing multiple barriers.

PARTICIPANT INCLUSION: All Gender Inclusive; 9-11; Facing multiple barriers

REGION COVERED: Halifax Regional Municipality

LOCATION: Various Community Locations; Call to inquire

PHONE #: 782-414-0357 or 782-414-0493

HOW TO ACCESS: Call or email to inquire.

DIRECT REFERRAL: Stephanie or Joseph -
youthprograms@ywcahalifax.com

PROGRAM WEBSITE: www.ywcahalifax.com/programs/youth-programs/yspace-3/

YOUTH ADVISORY COUNCIL

PROGRAM DESCRIPTION: A committee of young women and men ages 16-30, advocating and advising on program management and activities.

PARTICIPANT INCLUSION: All Gender Inclusive; 16-30

REGION COVERED: Halifax Regional Municipality

LOCATION: Herring Cove Road or Instagram

PHONE #: 902-488-7255 (Marcus);
or 647-802-9436 (Ashton)

HOW TO ACCESS: Can call above, email below
or direct message on Instagram page.

DIRECT REFERRAL: Marcus Baksh/Ashton Stephenson -
youthprograms@ywcahalifax.com

PROGRAM WEBSITE: www.ywcahalifax.com/programs/youth-programs/youth-advisory-council/

PROGRAM INSTAGRAM: www.instagram.com/ywyac/



EDUCATION & EMPLOYMENT SERVICES

These agencies offer programs and support related to employment and continuing education.

Chebucto Connections



Chebucto Connections helps residents participate in community life, from Armdale to the Pennants, by focusing on individual and community strengths. We provide programs and outreach services to help address our community's most urgent social needs including poverty, education and social isolation.

WEBSITE: www.chebuctoconnections.ca

FACEBOOK: @ChebuctoConnections.ca

SERVICES OFFERED: Pathways to Education: A program designed to help students reach high school graduation and ensure they are equipped to pursue meaningful post-secondary opportunities; Diagnosing Poverty: Helps those struggling with poverty to access the supports and services that will help improve their quality of life; Community Food Market: Provides fresh produce and bread to community members at low to no cost to help address food insecurity; Library Club: The Library Club mails an age-appropriate book to children 0-5 years old each month free of charge; Other services: Advocacy; Referrals; Form filling clinics; Community events/resources; Volunteer opportunities.

PARTICIPANT INCLUSION: All Gender Inclusive;
All ages; Specific programs serve certain age ranges
and geographic zones

REGION COVERED: Eastern Chebucto Peninsula
(Pathways serves a smaller geographic zone)

LOCATION: Herring Cove Road, Halifax, NS

PHONE #: 902-477-0964

HOW TO ACCESS: Call for intake and registration information.

DIRECT REFERRAL: info@chebuctoconnections.ca



CHEBUCTO
CONNECTIONS

Chisholm Services for Children - LINKS Literacy Program



Chisholm Services for Children is a non-profit organization in Central Nova Scotia offering a long-term care program, which specializes in early intervention, prevention and permanency planning. Chisholm is dedicated to guiding children who face severe adverse circumstances like neglect and abuse, to a realization of self-worth. Chisholm helps children develop skills and capacities to function successfully in a community setting and grow as healthy, stable individuals.

WEBSITE: www.chisholm4children.ca/

FACEBOOK: @chisholm4children

SEE ALSO: Systems-Based Services

PROGRAM DESCRIPTION: LINKS is a comprehensive literacy skills program for students in grades primary to six. LINKS is designed for children who need support with literacy development or who are diagnosed with a learning difference. An assessment is conducted by the LINKS Coordinator to determine a student's potential candidacy for the program. Children who then participate in the program will attend 60-minute sessions two times per week (Mon/Wed or Tues/Thurs in Halifax or Mon/Wed in Dartmouth) for a total of 10 weeks.

PROGRAM SUPPORTS: Improved phonological awareness, reading fluency, comprehension, and writing skills.

PARTICIPANT INCLUSION: All Gender Inclusive; Elementary Age; At least one year behind in reading/ writing development; Has a learning disability

REGION COVERED: Halifax Regional Municipality

LOCATION: South Street, Halifax, NS

PHONE #: 902-423-0577

HOW TO ACCESS: Self-referrals from parents; Referrals from community agencies.

DIRECT REFERRAL: links@chisholm4children.ca

PROGRAM WEBSITE: www.chisholm4children.ca/links/



Mi'kmaw Native Friendship Centre - Education & Employment Programs



The Mi'kmaw Native Friendship Society is a non-profit, board governed organization that currently operates nine core programs. The mission of the Mi'kmaw Native Friendship Centre is to provide structured, social-based programming for Urban Aboriginal People while serving as a focal point for the urban aboriginal community to gather for a variety of community functions and events.

WEBSITE: www.mymnfc.com

FACEBOOK: @Mikmaw-Native-Friendship-Centre-121366117945828

SEE ALSO: Housing; Counselling & Mental Health Services; Youth Programs & Outreach

ABORIGINAL ACADEMIC ACCESS TO POST-SECONDARY (AAAPS)

PROGRAM DESCRIPTION: Aboriginal Academic Access to Post-Secondary is a program held at the Mi'kmaw Native Friendship Centre in Halifax, in partnership with Mount Saint Vincent University. It is a program designed to help prepare Indigenous learners for University, and explore their options for the future. There are no tuition fees and students will receive university credits for the courses upon completion. This is an 8 month program, running from September to April. Courses will be held Monday-Thursday between the hours of 9:00am-4:00pm, with a very similar style to the way a schedule would be as they transition into University (some days the courses may end at 2, some days they may not start until 10, etc.).

PARTICIPANT INCLUSION: All Gender Inclusive;
19+; Urban, Indigenous

REGION COVERED: Halifax Regional Municipality

LOCATION: Gottingen Street, Halifax, NS

PHONE #: 902-420-1576

HOW TO ACCESS: Call or email to inquire.

DIRECT REFERRAL: Tammy - tammy.williams@mymnfc.com

PROGRAM WEBSITE: www.mymnfc.com/2020/02/24/aboriginal-academic-access-to-post-secondary-aaaps-partnership-with-msvu/



Mi'kmaw
Native
Friendship
Centre

ADULT LEARNING PROGRAM

PROGRAM DESCRIPTION: The Mi'kmaw Native Friendship Centre's Adult Learning Program (ALP) is designed for learners of all education levels to attain their high school diploma or GED. The ALP program is a culturally enriched and safe environment for students to learn the skills they need to move forward with their educational and vocational goals. The ALP program is always doing intake for new learners and after doing an initial assessment students may start classes the following Monday.

PARTICIPANT INCLUSION: All Gender Inclusive; 19+;
Urban Indigenous

REGION COVERED: Halifax Regional Municipality

LOCATION: 2158 Gottingen Street, Halifax, NS

PHONE #: 902-420-1576

HOW TO ACCESS: Call or email to inquire.

DIRECT REFERRAL: Tammy – tammy.williams@mymnfc.com

PROGRAM WEBSITE: www.mymnfc.com/2020/01/13/adult-learning-program/

EMPLOYMENT & TRAINING PROGRAM

PROGRAM DESCRIPTION: The Employment & Training Program provides clients access to programs and services that support the development of skills, training, work experiences and ultimately employment. The Employment & Training Program works collaboratively with external businesses, communities, and networks to build and maintain partnerships. The Employment Support Worker (ESW) is responsible for providing career and employment counselling to facilitate and promote employment opportunities for clients. The ESW's other duties are to assist in Human Resource related administration functions including but not limited to; job posting, job descriptions, pre-screening applications, scheduling and participating in interviews.

PARTICIPANT INCLUSION: All Gender Inclusive; 19+;
Urban Indigenous

REGION COVERED: Halifax Regional Municipality

LOCATION: 2158 Gottingen Street, Halifax, NS

PHONE #: 902-420-1576

HOW TO ACCESS: Call or email to inquire.

DIRECT REFERRAL: Melissa – Melissa.julian@mymnfc.com



Mi'kmaw
Native
Friendship
Centre

Native Council of Nova Scotia - Education & Employment Services

The Native Council of Nova Scotia is the self-governing authority for the large community of Mi'kmaq/Aboriginal peoples residing off-reserve in Nova Scotia throughout traditional Mi'kmaq territory. Our goal is to operate and administer a strong and effective Aboriginal Peoples Representative Organization that serves, advocates and represents our community.



WEBSITE: www.ncns.ca/

FACEBOOK: [www.facebook.com/
groups/167327773429766](https://www.facebook.com/groups/167327773429766)

SEE ALSO: Housing; Housing: Additional Housing Supports; Youth Programs & Outreach; Family & Parenting Services

ABORIGINAL PEOPLES TRAINING & EMPLOYMENT COMMISSION (APTEC)

PROGRAM DESCRIPTION: APTEC offers a range of employment and training services with the goal to obtain and maintain long term sustainable employment. This is completed through assessment, employment counseling, a mutually agreed upon return to work action plan and where determined, funding support. Current support programs consist of targeted or wage subsidies, job creation partnerships, skills development, and the self-employment program. A range of youth programming is also available which are client centered programs that respond to individual needs. APTEC also provides programs and assistance to Aboriginal persons with disabilities to obtain and retain employment.

PARTICIPANT INCLUSION: All Gender Inclusive;
Indigenous; Living off reserve

REGION COVERED: Nova Scotia wide

LOCATION:

- (1) Truro Heights Road, Truro, NS
 - (2) White Point Road, Liverpool, NS
 - (3) Charlotte Street, Sydney, NS
 - (4) Wyse Road, Dartmouth, NS
 - (5) Opportunity Lane, Coldbrook, NS
-

PHONE #:

Manager: 902-895-1523 ext 226

- (1) 902-895-1523
 - (2) 902-354-2751
 - (3) 902-567-1240
 - (4) 902-405-4730
 - (5) 902-599-0883
-

TOLL FREE: 1-800-565-4372

HOW TO ACCESS: Call or email to inquire.

DIRECT REFERRAL: Lee - leepaul@eastlink.ca

PROGRAM WEBSITE: www.ncns.ca/aboriginal-peoples-training-employment-commission-aptec/



EDUCATION & STUDENT SERVICES

PROGRAM DESCRIPTION: Education and Student Services Programs are available to encourage Aboriginal students to remain in school and to pursue a higher level of education. Program supports include student services (guidance, support, advice, intervention, link between students/parents/school/resources); awards (scholarship, academic achievement), leadership development and awards; and the Education Enhancement Program.

PARTICIPANT INCLUSION: All Gender Inclusive; Ages differ per program or fund; Indigenous; Living off reserve

REGION COVERED: Nova Scotia wide

LOCATION: Liverpool, NS

PHONE #: 902-354-2751

TOLL FREE: 1-800-565-4372

HOW TO ACCESS: Call or email to inquire

DIRECT REFERRAL: April - aprilhiltz@eastlink.ca

PROGRAM WEBSITE: www.ncns.ca/education-student-services/#

SOCIAL ASSISTANCE RECIPIENT SUPPORT FOR EMPLOYMENT & TRAINING (SARSET)

PROGRAM DESCRIPTION: SARSET is designed to assist the rural and urban off-reserve Aboriginal Peoples of Nova Scotia who are receiving income assistance through the Department of Community Services, or are currently on a fixed income or no income. SARSET's main role is to assist Aboriginal participants in realizing and achieving their goals for employment, training or upgrading. Program supports include identifying needs and barriers, long term supports to overcome barriers, planning to achieve success, information about training opportunities including upgrading or pre-employment preparedness courses, advocacy, job search skills (resume, coaching, mock interviews, interview tips), job referrals, and Labour Market information.

PARTICIPANT INCLUSION: All Gender Inclusive; Indigenous; Living off reserve; In receipt of Income Assistance through Department of Community services; Currently on a fixed income or no income

REGION COVERED: Nova Scotia wide

LOCATION:

- (1) Charlotte Street, Sydney, NS
 - (2) Wyse Road, Dartmouth, NS
 - (3) White Point Road, Liverpool, NS
 - (4) Opportunity Lane, Coldbrook, NS
-

PHONE #:

- (1) 902-567-1240
 - (2) 902-405-4730
 - (3) 902-354-2751
 - (4) 902-599-0883
-

TOLL FREE: 1-800-565-4372

HOW TO ACCESS: Call to inquire.

DIRECT REFERRAL:

- (1) sarsetcb@eastlink.ca
 - (2) sarsethrm@eastlink.ca
-

PROGRAM WEBSITE: www.ncns.ca/social-assistance-recipient-support-for-employment-training-sarset/



Phoenix Youth Programs - Phoenix Learning and Employment Centre (PLEC)

Phoenix is a non-profit, community based organization located in K'ijipuktuk/Halifax, Nova Scotia. Together with the community, we support youth and families in their journey to thrive. We are a voice for social justice and community engagement.

WEBSITE: www.phoenixyouth.ca

FACEBOOK: @PhoenixYouthPrograms

SEE ALSO: Housing; Youth Programs & Outreach

PROGRAM DESCRIPTION: Phoenix Learning and Employment Centre (PLEC) offers employment support to youth ages 16-24. We help young people find employment, develop skills and explore future plans. We connect employers and youth through work placements, employment programming and wage subsidies.



PROGRAM SUPPORTS: Employment support; Skill development; Future plan exploration; Work placements; Employment programming; Wage subsidies.

PARTICIPANT INCLUSION: All Gender Inclusive; 16-24

REGION COVERED: Halifax Regional Municipality

LOCATION: 6169 Quinpool Road, Halifax, NS

PHONE #: 902-431-9111

HOW TO ACCESS: Drop-in Hours (call ahead):
Monday to Friday 9:00am-12:30pm & 1:30pm-4:30pm;
Individuals can self-refer and community agencies can refer; Call to inquire.

DIRECT REFERRALS: plec@phoenixyouth.ca

PROGRAM WEBSITE: www.phoenixyouth.ca/programs



The Portal Youth Outreach Association - Edge on Employment Program

The Portal Youth Centre is a registered non-profit charitable organization that is a resource centre for Annapolis Valley youth ages 16-24 who are at risk of or currently experiencing homelessness.

WEBSITE: www.portalyouth.ca

SEE ALSO: Housing; Youth Programs & Outreach

PROGRAM DESCRIPTION: In partnership with Community INC., this program gives youth aged 16-24 access to life skills, work skills and educational opportunities that would enable them to find work. Edge also acts as an advocate and link to employers and jobs in the community for these youth.

PROGRAM SUPPORTS: Life and work skills; Educational opportunities; Advocacy; Linkages to employment.



PARTICIPANT INCLUSION: All Gender Inclusive; 16-24

REGION COVERED: Annapolis, Kings & West Hants Counties

LOCATION: 5-440 Main Street, Kentville, NS

PHONE #: 902-365-3773

TOLL FREE: 1-855-261-3773

HOW TO ACCESS:

Referrals from Department of Community Services.

PROGRAM WEBSITE: www.portalyouth.ca/projects

the P^{ORTAL}
youth outreach association

Shelburne County Youth Health & Support Association (SCYHSA) - Our House Youth Wellness Centre



SCYHSA provides services & support to the youth of Shelburne County and strives to decrease marginalization, discrimination and vulnerability through advocacy and action that promotes equity. Our House Youth Wellness Centre is a proud part of the Shelburne County Youth and Support Association and as an outreach centre, hold the same mission and values.

WEBSITE: www.ourhouse.scyhsa.com/

FACEBOOK: [@ourhouse.youthwellnesscentre](https://www.facebook.com/ourhouse.youthwellnesscentre)

SEE ALSO: Sexual Health Services;
Youth Programs & Outreach

PROGRAM DESCRIPTION: Our House Youth and Wellness Centre has many services, goods and essentials available to help meet the needs of youth in Shelburne County. Aside from essentials, we think it's important that youth have access to a youth only space in their community to relax, socialize and do homework.

PROGRAM SUPPORTS: Independent living support;
Job & resume support; Tutoring.

PARTICIPANT INCLUSION: All Gender Inclusive; 12-24

REGION COVERED: Shelburne County

LOCATION: King Street, Shelburne, NS

PHONE #: 902-875-3337

HOW TO ACCESS: Call or email to inquire.

DIRECT REFERRAL: Amanda - amanda@scyhsa.com

PROGRAM WEBSITE: www.ourhouse.scyhsa.com/services



Shelburne County
Mental Health & Wellness Association

Stepping Stone - Employment Support

Stepping Stone is a non-profit organization in the Maritimes that supports women, men and transgender persons currently and formerly involved in the sex trade, including those who identify as being trafficked, by contributing to their health, safety and well-being.

WEBSITE: www.steppingstonens.ca

FACEBOOK: @steppingstonehfx

SEE ALSO: Specialized CSEC Programs & Services;
Legal Services

PROGRAM DESCRIPTION: As part of the Community Drop-In Program, program users can access employment support.

PROGRAM SUPPORTS: Building resumes;
Job search skills & support; Education referrals.

PARTICIPANT INCLUSION: All Gender Inclusive; 16+

REGION COVERED: Halifax Regional Municipality



LOCATION: 260 Wyse Road, Suite 100, Dartmouth NS

PHONE #: 902-420-0103

HOW TO ACCESS: Drop-In Hours: Monday to Friday 9:30am-1:00pm; Self-referrals; Referrals from community agencies; Call or email to inquire.

DIRECT REFERRAL: Liz - liz.wilson@steppingstonens.ca

PROGRAM WEBSITE:

www.steppingstonens.ca/community-drop-in/



West Hants Education Centre



The West Hants Education Centre offers a flexible learning environment that follows an alternative approach to learning. With small class sizes, many hands-on opportunities and experiential activities, it offers hope to students who have not experienced success in a regular classroom environment.

WEBSITE: www.whec.ednet.ns.ca/

FACEBOOK: @westhantseducationcentre

SERVICES OFFERED: Alternative education; Individualized goal planning; Experiential and outdoor education opportunities.

PARTICIPANT INCLUSION: All Gender Inclusive; 14-18; Grade 8-9 middle level program and Grade 10-12 high school program

REGION COVERED: West Hants County

LOCATION: Wentworth Rd, Windsor, NS

PHONE #: 902-792-6750

HOW TO ACCESS: Call or email to inquire.
Please visit website for application instructions.

DIRECT REFERRAL: Dylan - dylan.irvine@avrce.ca



Windsor Adult High School



Windsor Adult High School offers qualified & experienced teachers, small class sizes, access to internet and computer labs, relaxed environment for mature students, opportunities to take part in a valuable co-op program to help build skills, certifications, and experiences for the workplace. Two diplomas are available: Nova Scotia High School Diploma & Nova Scotia Diploma for Adults.

WEBSITE: www.wahs.ednet.ns.ca/content/home

SERVICES OFFERED: Adult education; Course upgrades; Skill building; Certification; Practical experience.

PARTICIPANT INCLUSION: All Gender Inclusive; 18+ or has been out of school at least one full semester if under the age of 18; At a Grade 11/12 Level.

REGION COVERED: Windsor & West Hants County

LOCATION: Wentworth Road, Windsor, NS

PHONE #: 902-792-6751

HOW TO ACCESS: To enter programming:
(1) contact school or visit their website and download an application, (2) fill out an application,
(3) provide transcripts (if possible), (4) participate in an interview, (5) complete an academic screener,
(6) participate in orientation.

DIRECT REFERRAL: Main Office - wahs@avrce.ca



YWCA Halifax - Employment Programs

YWCA Halifax is a multi-service agency that builds economic security, promotes wellness and creates opportunities for women, girls and their families by providing a strong voice and integrated services.

WEBSITE: www.ywcahalifax.com

FACEBOOK: @ywcahalifax

SEE ALSO: Specialized CSEC Programs and Services; Housing; Housing: Additional Housing Supports; Youth Programs & Outreach; Family & Parenting Services; Systems-Based Services; Appendix 2



YWCA
HALIFAX

LAUNCH PROGRAM

PROGRAM DESCRIPTION: Launch is a 19-week employment program for young women experiencing multiple barriers to employment. Launch includes: a paid seven-week virtual employment skills development group program and a 12 week paid work experience in the young woman's field of interest. Each Launch participant engages in paid virtual group training and one-on-one support.

PROGRAM SUPPORTS: Portfolio & resume development; Microsoft Word and Excel; Emergency First Aid Level "C" & WHMIS certifications; Career & education exploration; Employability skills; Financial literacy education; Return to work action-planning; Access to digital devices.

PARTICIPANT INCLUSION: Trans and cis women/girls; 15-30; Currently out of school, unemployed or underemployed; Able to attend programming 30 hours a week; Priority provided to youth who identify: high school non-completion, disAbility, Indigenous, residence in a rural or remote location, lone (single) parent, visible or ethnic minority, language barriers, recent immigration

REGION COVERED: Halifax Regional Municipality

LOCATION: 358 Herring Cove Road, Halifax, NS

PHONE #: 902-410-4594

HOW TO ACCESS: Fill out application form online

DIRECT REFERRAL: Manal - launch@ywcahalifax.com

APPLICATION FORM:

www.ywcahalifax.com/launch-application-form/

PROGRAM WEBSITE: www.ywcahalifax.com/programs/employment-skills/launch/

STEP AHEAD PROGRAM

PROGRAM DESCRIPTION: Step Ahead is a 16-week pre-employment program for women connected to Income Assistance who want to enter or re-enter the workforce. Phase One: Workshop delivery and group forming; Phase Two: Community Action Project; Phase Three: Job shadowing. 16 weeks of programming provides women with tools to succeed in the workplace.

PROGRAM SUPPORTS: Workshops; Communication styles; Teamwork; Resume, cover letter, interview skills; Workplace situation navigation; Self-motivation; Leadership; Decision making; Problem-solving; Self-confidence; Personal management skills; Volunteer placement; Peer-driven; Shared-learning; 8-Week paid work experience.

PARTICIPANT INCLUSION: Trans and cis women; 19+; Currently receiving Income Assistance; Ready to return to work

REGION COVERED: Halifax Regional Municipality

LOCATION: 358 Herring Cove Road, Halifax, NS

PHONE #: 902-414-2304

HOW TO ACCESS: Ask for a referral from ESIA Employment Support worker and/or fill out application form online.

DIRECT REFERRAL: Belinda - stepahead@ywcahalifax.com

APPLICATION FORM: www.ywcahalifax.com/step-ahead-application-form/

PROGRAM WEBSITE: www.ywcahalifax.com/programs/employment-skills/step-ahead/



FAMILY & PARENTING SERVICES

These agencies offer programs and services to parents, guardians and extended family members of victims.

CaperBase Outreach Services - Free2BFamilies

CaperBase Outreach Services is an interdisciplinary team of health professionals that work with youth, families, schools and other community partners to create solutions, opportunities and supports that provide youth with the building blocks to live healthy, fulfilling and productive lives.

WEBSITE: www.caperbase.com

SEE ALSO: Counselling & Mental Health Services; Youth Programs & Outreach

PROGRAM DESCRIPTION: A six to eight week interactive program for parents and their child/children that has a focus on promoting healthy families. This program was developed in collaboration with CaperBase, Whitney Pier Memorial Middle School Guidance, and SchoolsPlus. The parents/guardians will enjoy an information session while the youth cook, and will come together for a family meal afterwards.



PROGRAM SUPPORTS: Positive communication; Learning new skills and finding new strengths; Healthy budget-friendly meal preparation and cooking (healthy food choices, nutrition, kitchen safety, food budgeting); Self-care; Stress management; Community resources.

PARTICIPANT INCLUSION: All Gender Inclusive; 11-19

REGION COVERED: Cape Breton Regional Municipality

LOCATION: Cape Breton Regional Municipality

PHONE #: 902-539-7233

HOW TO ACCESS: Call to inquire.

PROGRAM WEBSITE:

www.caperbase.com/free2bu.html



Family Service Association of Western Nova Scotia - Family & Parent Services

The Family Service Association of Western Nova Scotia (FSAWNS) works with our most underserved youth & families to provide support, services, and advocacy for real change at individual, community & system levels. We are here for you.

WEBSITE: www.fsawns.com/

FACEBOOK: @fsawns

SEE ALSO: Housing; Housing: Additional Housing Supports; Youth Programs & Outreach; Sexual Health Services

FAMILY CONNECTIONS, FREEMAN HOUSE

PROGRAM DESCRIPTION: An outreach service to young people and/or their families who might not otherwise have access to services. Services are geared to youth who are at high risk of or have a breakdown in the youth/family relationship.

PROGRAM SUPPORTS: Mobile support & services; Individualized assessment & case management; Advocacy; Care coordination; Youth-led goal planning; Group-based programs & workshops; Reunification support; Emergency basic needs support & services; Youth-family relationship and/or conflict resolution support; Community collaboration & connection.

PARTICIPANT INCLUSION: All Gender Inclusive; 12 - 24

REGION COVERED: Lunenburg & Queens Counties

LOCATION: 48 Empire Street, Bridgewater, NS

PHONE #: 902-398-1055

HOW TO ACCESS: Drop-In Hours: Monday to Friday 9:00am-5:00pm; Call, email, or drop-in.

DIRECT REFERRAL: Cicely Smith – cicelysmith.fh@gmail.com



MEN'S PROGRAM

PROGRAM DESCRIPTION: Supports men who live rurally and have had, or are at risk of having, breakdowns in their relationships and who may not otherwise have access to services. Service may be linked with mandated community interventions (e.g., Child Welfare, Correctional Services) or is intended to mitigate the need for these interventions. Programming is inclusive of cis and trans men who are working together with Child Protection, are fathers of children in care, are ordered to attend Domestic Violence intervention services, live rurally and experiencing multiple barriers. Services are also inclusive of individuals who are Mi'kmaq/Aboriginal and living off-reserve, African Nova Scotian and/or Newcomers.

PROGRAM SUPPORTS: Outreach; Case Coordination; Groups linking men with individual, peer, co-parenting and social supports; Drop-in access; Basic needs (housing, safety, food security, cellphones, shower access, laundry, education & employment supports, access to healthcare); Fathers groups and workshops; Men-family relationship and/or conflict resolution support.

PARTICIPANT INCLUSION: Trans and cis men; 19+

REGION COVERED: Lunenburg & Queens Counties; Individual and group outreach supports provided in the Tri-County & Valley area

LOCATION: 629 King Street, Bridgewater, NS

PHONE #: 902-543-7444

HOW TO ACCESS: Drop-In Hours: Monday to Friday 9:00am-5:00pm; Call, email, or drop-in.

DIRECT REFERRAL: intake.fh@gmail.com



Family Service of Eastern Nova Scotia - Family & Parenting Support



The Family Service of Eastern Nova Scotia works actively to develop services and programs that meet the needs of children, youth, individuals, couples and families throughout Eastern Nova Scotia.

WEBSITE: www.ensfamilyservice.ca/

FACEBOOK: @FSENovaScotia

SEE ALSO: Sexual Health Services; Counselling & Mental Health Services; Youth Programs & Outreach

PROGRAM DESCRIPTION: One-on-one and group programming offered to support families and parents with specific needs.

PROGRAM SUPPORTS: Cooperative parenting through separation and divorce; Anger management; Active parenting.

PARTICIPANT INCLUSION: All Gender Inclusive; All ages

REGION COVERED: Eastern Nova Scotia

LOCATION:

- (1) 295 George Street, Suite 302, Sydney, NS
 - (2) 9 Minto Street, Glace Bay, NS
 - (3) Inverness, NS
 - (4) 218 MacSween Street, Suite 34, Port Hawkesbury, NS
 - (5) 275 Main Street, Suite 103, Antigonish, NS
 - (6) 68 Provost Street, New Glasgow, NS
-

PHONE #:

- (1) 902-539-6868
 - (2) 902-849-4772
 - (3) 902-625-0131
 - (4) 902-625-0131
 - (5) 902-863-2358
 - (6) 902-752-7562
-

TOLL FREE: 1-866-330-5952

HOW TO ACCESS: Call toll free line, local office, or use contact form online, to book a telephone intake appointment.

PROGRAM WEBSITE:

www.ensfamilyservice.ca/programs/workshops/



Native Council of Nova Scotia - The Parenting Journey

The Native Council of Nova Scotia is the self-governing authority for the large community of Mi'kmaq/Aboriginal peoples residing off-reserve in Nova Scotia throughout traditional Mi'kmaq territory. NCNS's goal is to operate and administer a strong and effective Aboriginal Peoples Representative Organization that serves, advocates and represents the Mi'kmaq/Aboriginal community.



WEBSITE: www.ncns.ca/

FACEBOOK: [www.facebook.com/
groups/167327773429766](https://www.facebook.com/groups/167327773429766)

SEE ALSO: Housing; Housing: Additional Housing Supports; Youth Programs & Outreach; Education & Employment Services

PROGRAM DESCRIPTION: The Parenting Journey is a home visitation program that provides individual support for families experiencing complex social and emotional challenges that may impact overall family functioning, parent-child relationships and the well-being and development of children and youth. Home Visitors visit families in their homes and/or in other community locations. They work collaboratively with families to build meaningful helping relationships while collectively identifying strengths, resources, challenges and priorities.

PROGRAM SUPPORTS: Parenting Journey Facilitator; Culturally safe services; Sharing programs/services that meet the needs of families; Child/Youth well-being and development; Parenting support; Family life management; System and program navigation.

PARTICIPANT INCLUSION: All Gender Inclusive; Aboriginal families with children

REGION COVERED: Nova Scotia wide

LOCATION:

(1) Truro Heights Road, Truro, NS
(2) Charlotte Street, Sydney, NS

PHONE #:

(1) 902-895-1738
(2) 902-567-1240

TOLL-FREE: 1-800-565-4372

HOW TO ACCESS: Call or email to inquire.

DIRECT REFERRAL:

(1) ncns pj@eastlink.ca
(2) ncns pjcb@eastlink.ca

PROGRAM WEBSITE: www.ncns.ca/the-parenting-journey/



YWCA Halifax - Family & Community Outreach Worker (NSTAY Program)



YWCA Halifax is a multi-service agency that builds economic security, promotes wellness and creates opportunities for women, girls and their families by providing a strong voice and integrated services.

WEBSITE: www.ywcahalifax.com

FACEBOOK: [@ywcahalifax](https://www.facebook.com/ywcahalifax)

SEE ALSO: Specialized CSEC Programs and Services; Housing; Housing: Additional Housing Supports; Youth Programs & Outreach; Education & Employment Services; Systems-Based Services; Appendix 2

PROGRAM DESCRIPTION: The Family and Community Outreach Worker (FCOW) works with parents and families of youth who are exploited in the sex trade or at-risk of becoming exploited, regardless of whether or not the youth is also an NSTAY client. Case management with families puts the family at the centre of services and does not need to involve the youth. The FCOW works with addressing the parents' needs to support or understand what is going on with their children. The FCOW also works with youth victims of trafficking who have children themselves, where the focus is on their roles as parents. Foster families caring for and supporting youth who are being exploited can also access the FCOW for family case management.

PROGRAM SUPPORTS: Family-based safety planning; Emotional support; Problem-solving strategies; Group-based support programs; Justice system navigation & advocacy; Child Protection navigation & advocacy; Parenting strategies; Family case management; Referrals.

PARTICIPANT INCLUSION: All Gender Inclusive; All ages; Non-offending parents, foster parents and guardians of youth at-risk for exploitation, entrenched or exiting the sex trade

REGION COVERED: Nova Scotia wide

PHONE #: 782-414-7657

HOW TO ACCESS: Individuals can self-refer and community agencies can refer by filling out referral form (available online)

DIRECT REFERRAL: Trena- t.gallant@ywcahalifax.com

PROGRAM WEBSITE: www.ywcahalifax.com/programs/nstay/fcow/



LEGAL SERVICES

These agencies provide programs and services to people who have criminal justice involvement as an offender, or who have been criminalized as a result of their engagement with the sex trade.

Coverdale Courtwork Society

Coverdale Courtwork Society is a non profit charitable organization based in the Halifax region that supports women and gender diverse persons navigating the criminal justice system. We work in the criminal and family courts, provincial jail and prison, as well as in the community to provide court support, bail support, programming and advocacy for criminalized and marginalized folks. These combined services support individuals to cope with mental illness, trauma and addiction and rebuild community connections while striving for healing, change and growth.



WEBSITE: www.coverdale.ca

FACEBOOK: @CoverdaleCourtwork

SEE ALSO: Housing

SERVICES OFFERED: Support for women and gender diverse persons navigating the criminal justice system in the HRM; Court support for women and gender diverse persons who are victims of trafficking and are attending court on other matters; Court support for victims (emotional support, assistance with legal aid, resource navigation); Beyond Trauma workshop for women and gender diverse persons in conflict with the law; Support for women and gender diverse persons who are incarcerated (provincial and federal); Voices Program and Love is not Abuse Program - youth empowerment in HRM schools.

PARTICIPANT INCLUSION: Women, girls, trans and non-binary people; All ages; Engaged with Criminal Justice System

REGION COVERED: Halifax Regional Municipality

LOCATION: 6169 Quinpool Road, Suite 221B, Halifax, NS

PHONE #:

Hilary (they/them) 902-943-8243

Sara (she/her) 902-476-6763

HOW TO ACCESS: Self-referrals and referrals from community agencies; Call, text, or email to inquire.

DIRECT REFERRAL:

Hilary (they/them) - programs@coverdale.ca;

Sara (she/her) - peermentor@coverdale.ca



Elizabeth Fry Society of Mainland Nova Scotia

The Elizabeth Fry Society of Mainland Nova Scotia (EFMNS) is a non-profit, charitable organization that engages with vulnerable women and girls to foster reintegration, rehabilitation, personal empowerment and to address the root causes of criminalization. EFMNS is devoted to improving the lives of women in our province through comprehensive housing supports, innovative programming initiatives, justice system reform and through building individual strength and capacity in all of the women they serve. EFMNS provides the structure for marginalized women and girls to transform their lives from a cycle of poverty and insecurity to one of stability, growth and hope.

WEBSITE: www.efrymns.ca

FACEBOOK: [@efrysocietyhalifax](https://www.facebook.com/efrysocietyhalifax)

SEE ALSO: General Information; Specialized CSEC Programs & Services; Legal Services



SERVICES OFFERED: Court navigation services; Transportation; Mental health advocacy; Bail support; Release planning support; Corrections support; Transitional housing; Life skills programming; Case management; Education; Employment; Resources; Referral support; Dartmouth location wheelchair accessible.

PARTICIPANT INCLUSION: Women, girls, trans and non-binary people; 18+; Engaged in the Criminal Justice System

REGION COVERED: Nova Scotia wide

LOCATION:

- (1) Queen Street, Dartmouth, NS
 - (2) Revere Street, Truro, NS
-

PHONE #:

- (1) 902-454-5041
 - (2) 902-897-0852
-

HOW TO ACCESS: Call or email to inquire.

DIRECT REFERRAL:

- (1) Emma - ed@efrymns.ca
 - (2) Kristen - truroprograms@efrymns.ca
-



Stepping Stone - Tipping The Scales Program

Stepping Stone is a non-profit organization in the Maritimes that supports women, men and transgender persons currently and formerly involved in the sex trade, including those who identify as being trafficked, by contributing to their health, safety and well-being.

WEBSITE: www.steppingstonens.ca/

FACEBOOK: @steppingstonehfx

SEE ALSO: Specialized CSEC Programs & Services; Education & Employment Services

PROGRAM DESCRIPTION: Tipping the Scales Program assists former and current sex workers currently involved in the Criminal Justice System. Our court support and corrections worker meets with program users at the Correctional Center, attends court, probation meetings, and more. The worker acts as an advocate for program users throughout their navigation of the Justice System.



PROGRAM SUPPORTS: Housing support; One-on-one court support & advocacy; Information regarding charges, rights, options and requirements in the Justice System; Court accompaniment; Prison outreach (Mondays 1:30pm-5:00pm at the Central Nova Scotia Correctional Facility); Referrals to services and/or agencies to develop a release plan and reintegration strategy for those exiting the correctional facility.

PARTICIPANT INCLUSION: All Gender Inclusive; 16+

REGION COVERED: Halifax Regional Municipality

LOCATION: 9 Ferguson Road, Dartmouth, NS

PHONE #: 902-420-0103

HOW TO ACCESS: Self-referrals; Referrals from community agencies; Call or email to inquire.

DIRECT REFERRAL: Linda - linda.grandy@steppingstonens.ca

PROGRAM WEBSITE: www.steppingstonens.ca/tipping-the-scales/



Nova Scotia Legal Aid Offices

HEAD OFFICE

Toll Free 1-877-420-6578

HRM OFFICES

HRM - Youth 902-420-6569

Halifax - Family 1-866-420-3450

Halifax - Adult Criminal 1-877-777-6583

Halifax - Social Justice 1-844-956-0955

Dartmouth - Family 1-855-420-7921

Dartmouth - Child Protection 1-855-420-7921

Dartmouth - Criminal 1-877-420-8818

NOVA SCOTIA

Amherst Office 1-866-999-7544

Annapolis Royal Office 1-866-532-2311

Antigonish Office 1-866-439-1544

Bridgewater Office 1-866-543-4658

Liverpool Sub-Office 1-866-543-4658

Kentville Office 1-866-679-6110

New Glasgow Office 1-877-755-7020

Port Hawkesbury Office 1-888-817-0116

Sydney Office 1-877-563-2295

Truro Office 1-877-777-5920

Truro NorthEast Corridor Office 1-877-777-5920

Windsor Office 1-866-798-8397

Yarmouth Office 1-866-742-3300

Legal Advice for Sexual Assault Survivors

Independent Legal Advice Program

To give adult survivors of sexual assault better support, the province of Nova Scotia created the Legal Advice for Sexual Assault Survivors Program. The program respects survivor's privacy and their rights to make their own decisions.

WEBSITE: www.novascotia.ca/sexualassaultlegaladvice/

PROGRAM DESCRIPTION: The Independent Legal Advice Program offers free two (2) hour legal advice for sexual assault survivors. Once individuals are registered for service, they are sent a package with a certificate number to access the legal advice. The package will also have a list of participating lawyers; the individual will be able to choose any lawyer on the list and contact them with the certificate number. Nova Scotia lawyers can only give advice on laws, programs, and services that exist in Nova Scotia and may not be able to advise regarding other provinces. All lawyers have been screened by the program, have received training, and have agreed to follow the program's terms. If more time is needed, individuals can call 211 again and request another certificate number.

PROGRAM SUPPORTS: 2-hour free legal advice from pre-approved lawyers; Free translation services; Confidentiality (any limitations will be explained upfront).

PARTICIPANT INCLUSION: All Gender Inclusive; 16+; Sexual assault took place in Nova Scotia

REGION COVERED: Nova Scotia wide

LOCATION: Location varies; Lawyers may be able to meet in person, by telephone, or through videoconferencing (eg. Skype)

PHONE #: 211

HOW TO ACCESS: Call 211 to register; Intakes completed Monday to Friday 8:00am-8:00pm; Details about what happened are not necessary during the intake process: Individuals only need to say that they have been sexually assaulted in Nova Scotia, and that they would like to speak with a lawyer.

SYSTEMS-BASED SERVICES

SELF-REFERRAL IS NOT AVAILABLE FOR THE FOLLOWING SERVICES!

The services highlighted in this section are available to children and youth already connected to the Department of Community Services, Education, and the Department of Justice and are delivered within the context of those systems.

CHILD CARING PROGRAMS

Chisholm Services for Children - Chisholm Centre



Chisholm Centre is a child caring program located in HRM, which specializes in early intervention, prevention and permanency planning for children between the ages of 6 and 12 years of age.

Our mission is to provide care for children with complex needs by providing a safe environment while fostering a sense of personal value, self-worth, and the development of life skills. Referrals are made through the Department of Community Services Child, Youth and Family Supports program.

WEBSITE: www.chisholm4children.ca

SEE ALSO: Education & Employment Services

PHONE #: 902-423-9871

GENERAL INQUIRIES: info@chisholm4children.ca



HomeBridge Youth Society

HomeBridge Youth Society provides care within the Child Welfare System and serves 40 high risk youth between the ages of 12 and 18 years old in community settings at one time. Facilities are community based and offer structured and unstructured life skills programming.

WEBSITE: www.homebridgeyouth.ca

PHONE #: 902-466-2666



YARMOUTH ASSOCIATION FOR COMMUNITY RESIDENTIAL OPTIONS (YACRO)



The Yarmouth Association for Community Residential Options (YACRO) is a not-for-profit agency that provides residential support for children and adults challenged with disabilities.

WEBSITE: www.yacro.com

PHONE #: 902-742-9258

GENERAL INQUIRIES: harding@yacro.com



EDUCATION

YWCA Halifax - Youth Programs (School Based)



YWCA Halifax is a multi-service agency that builds economic security, promotes wellness and creates opportunities for women, girls and their families by providing a strong voice and integrated services.

WEBSITE: www.ywcahalifax.com

FACEBOOK: @ywcahalifax

SEE ALSO: Specialized CSEC Programs & services; Housing; Housing: Additional Housing Supports; Youth Programs & Outreach; Education & Employment Services; Family & Parenting Services; Appendix 2

SERVICES OFFERED:

(1) GirlSpace & (2) GuySpace: Violence and cyberbullying prevention programs offered at local Junior High Schools.

PHONE #:

(1) 782-414-0357

(2) 782-414-0493

REGION COVERED: Halifax Regional Municipality

HOW TO ACCESS: Call above or email youthprograms@ywcahalifax.com for more information.



PUBLIC PROSECUTION SERVICES

Nova Scotia Public Prosecution Service



The Nova Scotia Public Prosecution Service has adopted an enhanced prosecution model for two areas under the Canadian Criminal Code: sexual violence and human trafficking. The Public Prosecution Service's goal is to improve prosecutorial processes and make difficult experiences as positive as possible for survivors of these types of offences.

WEBSITE: www.novascotia.ca/pps/role.asp

SERVICES OFFERED: Dedicated Human Trafficking Crown Attorney; Support centered around the prosecution process.

REGION COVERED: Nova Scotia wide

PHONE #: 902-424-8734

HOW TO ACCESS: If you're currently involved in a human trafficking prosecution and need to contact the dedicated Crown Attorney, email Josie McKinney, Senior Crown Attorney, Josie.McKinney@novascotia.ca.



VICTIM SERVICES

Halifax Regional Police - Victim Services



Halifax Regional Police offers support services to victims of crime, and in particular to victims of domestic violence, sexualized violence, and serious crimes.

WEBSITE: www.halifax.ca/fire-police/police/programs-services/victim-services-halifax

SERVICES OFFERED: Emotional support; Safety planning; Referrals; On-scene support; High-risk case coordination; Follow-up information.

REGION COVERED: Halifax Regional Municipality

PHONE #: 902-490-5300

HOW TO ACCESS:

- (1) Victims can initiate contact by calling 902-490-5300,
 - (2) Police officers can refer victims to the program,
 - (3) Community agencies may alert victims to services,
 - (4) Victim Services Staff can identify victims by reading police reports.
-



Provincial Victim Services

If you are a victim of a crime, or the spouse or relative of a victim, the Provincial Victim Services Program, through its four regional offices, can provide you with information, support and assistance as your case moves through the criminal justice system.

WEBSITE: www.novascotia.ca/just/victim_services/programs



SERVICES OFFERED: Human Trafficking Navigators: Navigators work with other organizations to provide culturally specific supports and wrap-around services that meet the needs of survivors and families of human trafficking and sexual exploitation; Cultural collaboration: Collaborates with African Nova Scotian and Indigenous communities to understand the historic complexities of sexual violence within marginalized and other vulnerable communities and survivors of human trafficking; Community collaboration: Participates in human trafficking and sexual exploitation initiatives, committees, training and outreach.

HOW TO ACCESS: Contact your Regional Office (listed on the next page). You must have a police case # to access Provincial Victim Services.



DARTMOUTH

REGION COVERED: Halifax, Dartmouth & Halifax County

LOCATION: Pleasant Street, Dartmouth, NS

PHONE #: 902-424-3307

TOLL FREE: 1-833-424-3307

KENTVILLE

(with sub-offices in Bridgewater and Yarmouth)

REGION COVERED: Annapolis, Kings, Hants, Lunenburg, Queens, Shelburne, Yarmouth & Digby Counties

LOCATION: Cornwallis Street, Kentville, NS

PHONE #: 902-679-6201

TOLL FREE: 1-800-565-1805

PICTOU

REGION COVERED: East Hants, Colchester, Cumberland, Pictou & Antigonish Counties

LOCATION: West River Road, Pictou, NS

PHONE #: 902-485-3580

TOLL FREE: 1-800-565-7912

SYDNEY

(with a sub-office in Port Hawkesbury)

REGION COVERED: Guysborough, Cape Breton, Richmond, Inverness & Victoria Counties

LOCATION: Charlotte Street, Sydney, NS

PHONE: 902-563-3655

TOLL FREE: 1-800-565-0071

RESTORATIVE JUSTICE

Community Justice Society

The Community Justice Society (CJS) administers the Restorative Justice Program for the Department of Justice. The Nova Scotia Restorative Justice Program works with youth (12-17 years old) and Adults (18 & over) and provides them an alternative avenue from the court system to repair the harm caused by their actions. CJS also delivers other community programs in the Halifax Regional Municipality, as well as advocates and educates about restorative justice.



WEBSITE: www.communityjusticesociety.org

FACEBOOK: @CommunityJusticeSociety

SERVICES OFFERED: Community-based restorative justice; Education; Advocacy; Crime prevention; Positive relationship building; Community programming.

REGION COVERED: Halifax Regional Municipality

LOCATION: 201-1256 Barrington St, Halifax, NS

PHONE #: 902-424-5473

HOW TO ACCESS: Referral by four entry points in the judicial system: Police (pre-charge), Crown (post-charge/pre-conviction), Court (post-conviction/pre-sentence), Corrections (post sentence).

GENERAL INQUIRIES: info@cjshfx.ca



Mi'kmaw Legal Support Network (MLSN)



Provides legal support services and victim support services to Aboriginal people through programs such as the Mi'kmaw Court Worker Program and the Mi'kmaw Customary Law program. Victim support workers provide support to victims/survivors throughout the court process including help with preparing for court and assisting with victim impact statements.

SERVICES OFFERED: Victim support services; Building a bridge; Mi'kmaq Venture Program; Justice committees; Court Worker Program; Customary Law Program; Mi'kmaw inclusion in Regulatory Offences; Mi'kmaw Interpreters Program; Gladue Reports; Cultural gatherings; Cultural resource navigation.

REGION COVERED: Nova Scotia wide

PHONE #: 902-468-0381

TOLL FREE: 1-877-379-2042

HOW TO ACCESS: Call or email to inquire.

GENERAL INQUIRIES: nfarquhar@mlsn.ca



Valley Restorative Justice



Valley Restorative Justice is a non-profit organization that delivers the Nova Scotia Restorative Justice Program to Annapolis, Kings, and part of West Hants Counties for individuals 12 and older. Valley Restorative Justice provides services that promote peace and healing within communities affected by incidents of criminal harm. This is achieved by supporting and encouraging people to resolve conflicts through restorative justice processes which are based on individual worth, accountability, reparation, and reintegration.

WEBSITE: www.novascotia.ca/just/RJ/

FACEBOOK: @Valley-Restorative-Justice-Nova-Scotia-988669254498787

SERVICES OFFERED: Accountability conferences (Group, Victim Offender, Community); Sentencing circles; Reintegration/healing circles; Community Service Order Programs; Public information and awareness; Healing Approaches to Senior Abuse (HASA); Community linkages.

REGION COVERED: Annapolis, Kings, & West Hants Counties

LOCATION: 87 Cornwallis Street, Unit 100, Kentville, NS

PHONE #: 902-679-0650

TOLL FREE: 1-888-679-0650

HOW TO ACCESS: Accepts referrals from Police, Crown Attorney, Court/Judge, Corrections staff and Victim Services; Individuals may also ask their lawyer if a referral is possible (each case is different).

GENERAL INQUIRIES: valleyrj@ns.sympatico.ca

CORRECTIONS & PROBATION

Halifax Youth Attendance Centre

The Halifax Youth Attendance Centre (HYAC) is a collaborative, community based initiative of Correctional Services, in cooperation with key partners from the Nova Scotia Department of Education and Childhood Development, Nova Scotia Department of Community Services and IWK Assessment & Intervention Services. Services are provided in the community and onsite at Community Corrections field offices and are focused on individual case plans. HYAC is not a facility based day program for groups of youth, rather the approach taken involves engaging high value services and support to meet youth within the stages of change model reflecting their individual risk and needs.



WEBSITE:

www.novascotia.ca/just/Corrections/HYAC.asp

SERVICES OFFERED: Coordinated services; Supervision; Evidence based programs and services; Collaboration and implementation of responsive risk assessments/case management; Support.

REGION COVERED: Halifax Regional Municipality

PHONE #: 902-722-1460

HOW TO ACCESS: Youth sentenced under the Youth Criminal Justice Act (YCJA); HYAC also provides services to offenders aged 18-20 who are sentenced to adult Court Orders.

GENERAL INQUIRIES: susan.ashford@novascotia.ca



COLLABORATIVE SYSTEMS SERVICES

IWK Assessment & Intervention Services



The IWK Assessment & Intervention Services team provides assessment and treatment services to youth who are involved with the Criminal Justice System.

The service operates in partnership with the Department of Justice.

WEBSITE: www.iwk.nshealth.ca/corporate-home

FACEBOOK: @IWKHealth

SERVICES OFFERED: Forensic Youth Court; Initiative for Sexually Aggressive Youth (I-SAY); Nova Scotia Youth Facility (NSYF) clinical services; IWK Secure Care Unit (Waterville); Youth Court mental health liaisons; Forensic complex cases; Youth intervention services; Forensic assessment, intervention, and risk management services to youth involved in the Criminal Justice system; Direct service to youth and their families (focusing on psychiatric, social, psychological & criminogenic factors that impact risk of recidivism).

REGION COVERED: Nova Scotia wide

PHONE #: 902-470-8888

TOLL FREE: 1-888-470-5888

HOW TO ACCESS: Girls, boys, trans and non-binary youth and their families/caregivers; 12-18 (up to the age of 21 under specific circumstances); Services accessed through Court Orders and/or Conditions of a Probation Order.

GENERAL INQUIRIES: rendell.witzell@iwk.nshealth.ca



IWK SeaStar Child and Youth Advocacy Centre

SeaStar is a safe, welcoming place based at the IWK Health Centre, where different agencies and services work together to provide a coordinated, client-centred response for children and youth who have experienced violence or abuse. As a leader in Atlantic Canada, SeaStar's innovative approach brings together professionals from law enforcement, child welfare, health care, mental health, and justice systems to create one integrated approach to investigation, assessment, and treatment.

WEBSITE: www.seastarcyac.ca/

FACEBOOK: @SeaStarCYAC

SERVICES OFFERED: Coordinated one-stop services; Welcoming environment; Child and youth-friendly space for forensic interviews; Specialized medical assessment (if needed); Personalized support from a Child and Youth Advocate; Free psychoeducational workshops; Accredited facility dog support facility; Referrals and system navigation.

REGION COVERED: Central region/HRM (primarily);
Other regions (on request)

PHONE #: 902-470-2715

HOW TO ACCESS: Girls, boys, trans and non-binary children and youth who have experienced physical or sexual assault; Referrals must come through the Department of Community Services, Mi'kmaw Family & Children's Services or Police; Workshops are available by self-referral.

GENERAL INQUIRIES: christina.shaffer@iwk.nshealth.ca



Offices with Child Welfare Services

Child welfare services include child protection and supports for children in care, including foster care and adoption.

WEBSITE: www.novascotia.ca/coms/departement/contact/ChildWelfareServices.html

Annapolis District Office: 902-532-2337

Antigonish District Office: 902-863-3213

Cape Breton Regional Municipality

Cape Breton-Victoria District Office: 902-563-3400

Glace Bay District Office: 902-842-4000

North Sydney District Office: 902-794-5110

Colchester District Office: 902-893-5950

Cumberland District Office: 902-667-3336

Digby District Office: 902-245-5811

Guysborough District Office: 902-533-4007

Halifax Regional Municipality

Halifax Gottingen Street: 902-425-5420

Halifax Bayers Road: 902-424-4150

Dartmouth Garland Avenue: 902-424-3298

Sackville District Office: 902-869-3600

Hants County District Office: 902-798-8319

Inverness Richmond District Office: 902-625-0660

Kings District Office: 902-678-6176

Lunenburg District Office: 902-543-4554

Pictou District Office: 902-755-5950

Queens District Office: 902-354-3525

Shelburne District Office: 902-637-2337

Yarmouth District Office: 902-742-0700



SERVICE PROVIDERS TOOLS

Here are some tools to assist service providers in Safety Planning, Participant Needs Assessments, and Key Contacts for Disclosures. Contact TESS@ywcahalifax.com if you would like digital copies of these tools to use with your own participants.

Safety Planning Tool

Regardless of the stage - entrenched, exiting, or exited, a vital harm reduction approach essential to working with victims and survivors of CSEC is safety planning.

Safety Plans should be:

- Made with the support of a trained professional;
- Individualized and flexible to meet the specific needs of the youth;
- Reviewed/rehearsed so the youth will know what to do in a crisis; and
- Regularly updated when the situation changes.

Steps to create a Safety Plan:

- Assess the current risk and identify current and potential safety concerns;
- Outline concrete options for responding when safety is threatened or compromised;
- Create, review and rehearse an escape route or exit strategy;
- Arrange a support system with people the youth trusts (eg. signals, safe words);
- Advise the youth to keep key contact phone numbers hidden and on them at all times.

Considerations for a Safety Plan:

Basic Information	
<ul style="list-style-type: none">• <i>Client name, date of birth</i>• <i>Best method of communication (eg. text)</i>• <i>Safety when leaving messages</i>	<ul style="list-style-type: none">• <i>Staff name</i>• <i>Date plan created</i>• <i>Anticipated review date</i>

Crisis Information	
<ul style="list-style-type: none"> • Plan to call 911 if in danger and what to say to operator • Other places, people, or service providers that can be called if 911 is not an option 	<ul style="list-style-type: none"> • Identify safe place(s) to go in a crisis • Identify emotional support people • Create code word to alert others that help is needed
Safety before leaving	
<ul style="list-style-type: none"> • Identify safest room/ location where they are staying • Identify important items to gather (eg. ID, money, keys, phone, documents) and where to keep them safe 	<ul style="list-style-type: none"> • Identify 1st and 2nd escape routes (eg. rooms with windows) • Plan actions to take if threatened or attacked (eg. stay away from areas that have potential weapons, how to protect oneself from a physical attack)
Safety while leaving	
<ul style="list-style-type: none"> • Identify short term place to stay • List emergency bag items and documents needed (eg. legal documents, clothes, comfort items) 	<ul style="list-style-type: none"> • Plan actions to stay safe (eg. keep cell phone charged, keep money in purse or pocket, take a trusted person with them wherever they go)
Safety after leaving	
<ul style="list-style-type: none"> • Identify long term place to stay • Identify other safe places in the community • List places to avoid that are not safe or associated with the perpetrator • Identify triggers and when emotional support may be needed 	<ul style="list-style-type: none"> • Plan for crisis follow up to ensure safety (eg. who can be called if the youth does not show up for an appointment) • Plan actions to stay safe (eg. block numbers, disable GPS functions, replace cell phone, delete social media accounts, change routines)

Note: If you are interested in a sample Safety Plan template, please contact us at TESS@ywcahalifax.com

Quick Reference Needs Assessment

Use this as a guide to determine needs and sources of support.



WHAT ARE YOUR BIGGEST CHALLENGES RIGHT NOW?	
WHAT DO YOU NEED RIGHT NOW?	
Needs	Who can help?
Basic	
Safety	
Belonging	
Self	
WHO ELSE IS HELPING YOU RIGHT NOW?	
Justice	
Community Services	
Non-Profit	
Family and Friends	
Other	



Nova Scotia Provincial Disclosure Assessment Quick Reference Needs Assessment

Intake staff _____

Client initials _____ Age _____

Region/location _____

Is there a third party involved?

Yes ☐ No ☐ Don't know ☐

Gender identification _____

Parent/guardian _____

DCS contact _____

Police contact _____

Other professionals involved

*To assess additional needs, including cultural support, refer to
"Participant Needs Assessment Resource"*

CHILD WELFARE CONTACTS

**Call local office
(8:30am-4:30pm)
Find phone
numbers online**

[www.novascotia.ca/coms/
department/contact/
ChildWelfareServices.html](http://www.novascotia.ca/coms/department/contact/ChildWelfareServices.html)

**Provincial After Hours Line
(after 4:30pm & weekends)**

1-866-922-2434

**Mi'kmaw Child & Family
Services (Indigenous children
& youth residing in Mi'kmaw
communities)**

1-800-263-8686

POLICE CONTACTS

Provincial Human Trafficking Team Tipline	902-449-2425
HRP Integrated Human Trafficking and Missing Persons Team (HRM only)	902-490-5142
CBRP Dispatch (CBRM only)	902-563-5151

SANE CONTACTS

Sexual Assault Nurse Examiners: Call local number Annapolis Valley, South Shore & Tri-County areas	1-833-577-SANE (7263)
Halifax area	902-425-0122
Guysborough, Antigonish, Pictou & Richmond Counties	1-877-880-SANE (7263)
Sydney & greater Cape Breton areas	1-844-858-8036
Cumberland, Colchester East Hants & Eastern Shore areas	1-833-757-SANE (7263)

TESS PARTNER CONTACTS

E-Fry GATE Outreach	1-833-625-GATE (4283)
Canadian Human Trafficking Hotline	1-833-900-1010
YWCA NSTAY Program	782-414-7657 nstay@ywcahalifax.com
YWCA NSTAY Family Support	Trena 782-414-1557 nstay@ywcahalifax.com

Note: If you are interested in a region specific Disclosure Assessment, please contact us at TESS@ywcahalifax.com



APPENDIX

The artist of this image is an Indigenous womyn from Nova Scotia who wanted to represent how residential schools systems and colonization are the roots of human trafficking and sexual exploitation of Indigenous people in this piece.

Appendix 1: TESS Statement of Values & Full Partnership List

TESS Statement of Values

The following values guide our Community of Practice through the TESS Partnership.

- *We believe all victims and survivors have an inherent right to choice, equality, dignity, safety, respect and their basic human rights regardless of age, race, class, gender identity, sexual orientation or any other distinguishing characteristics.*
- *We are committed to consulting with victims and survivors and will make every effort to respond to their perspectives in the development and delivery of programs and services. We support survivor leadership in the community and will create opportunities for it to emerge.*
- *We believe that there is a spectrum of choice and economic opportunity which affects an individual's participation in the sex trade and we will not impose any personal, political or religious beliefs which strip victims and survivors of their agency, or passes judgement on their choices.*
- *We are committed to reducing barriers and filling gaps in services for victims and survivors through the development and delivery of new and innovative programs which are harm-reductive, trauma-informed, value the expertise of survivors and provide opportunity for change.*
- *We believe change is a voluntary process and that consistent service, unconditional acceptance, and healthy relationships are imperative in developing a trusting rapport with youth. It is only through this kind of trusting relationship that, when a youth is ready, we will be able to assist in facilitating a transition to a healthier lifestyle. We will meet youth where they are at, and let them take the lead in their own recovery.*

- *We are committed to supporting and promoting a holistic understanding of sexual exploitation by acknowledging the root causes of supply and demand present in the sex trade. We will support programs and policies which work to address systemic inequalities present in marginalized communities.*
- *We are committed to making and holding space at meetings for representatives of the Indigenous, African Nova Scotian and 2SLGBTQ+ communities, and will strive to work with those communities to develop and adopt culturally appropriate and responsive solutions.*
- *We are committed to using appropriate language and graphic representations of exploitation and human trafficking which do not sensationalize or lend credence to racist or oppressive narratives of the issue; we will speak out when media, community members or partners use such language and/or graphic representations.*
- *We are committed to the protection of safety, dignity and confidentiality of victims/survivors and will gain their written consent to share information and collaborate to support them; we will never identify a victim/survivor, or discuss details of their story at TESS meetings.*
- *We are committed to continual learning, reflection, and a willingness to make difficult decisions if they are in the best interest of victims and survivors.*
- *We believe that fundamental changes to systems of response are necessary to effectively address youth sexual exploitation, however we understand that systems change take time even though we act with urgency.*

Full Partnership List

The following is a list of Partner Agencies with TESS, current as of April 2021.

Adsum for Women and Children

Amherst Police Department

Annapolis Valley Regional Centre for Education

Antigonish Women's Resource Centre & Sexual Assault Services Association

Association of Black Social Workers (ABSW)

Autumn House

Avalon Sexual Assault Centre

Be the Peace Institute

Big Brothers Big Sisters of Pictou County

The Canadian Centre to End Human Trafficking

Canadian Mental Health Association

Cape Breton Community Housing Association

Cape Breton Regional Police

CaperBase Outreach Services

Chebucto Connections

Chignecto-Central Regional Centre for Education

Chisholm Services for Children

Colchester Sexual Assault Centre

Community Justice Society

Coverdale Courtwork Society

Dalhousie Legal Aid

Direction 180

ElevateHER Mental Health Support Services Canada

Elizabeth Fry Society of Cape Breton

Elizabeth Fry Society of Mainland Nova Scotia

Eskasoni First Nation

Family Service Association of Western Nova Scotia

Family Service of Eastern Nova Scotia

Halifax Regional Centre for Education

Halifax Regional Police

Halifax Youth Attendance Centre (HYAC)

Halifax Regional Municipality Public Safety Office

HomeBridge Youth Society

In My Own Voice (iMOVE) Arts Association

IWK Health Centre

IWK SeaStar Child and Youth Advocacy Centre

Juniper House

Kentville Police Service

Mi'kmaw Legal Support Network (MLSN)

Mi'kmaw Native Friendship Centre

Native Council of Nova Scotia

Nova Scotia Advisory Council on the Status of Women

Nova Scotia Department of Community Services

Nova Scotia Department of Justice

Nova Scotia Education and Early Childhood Development

Nova Scotia Health Authority

Nova Scotia Native Women's Association

Nova Scotia Public Prosecution Service

**Peer Outreach Support Services & Education (POSSE)
Project - MetroWorks**

The Peoples' Counselling Clinic

Phoenix Youth Programs

**Pictou County Women's Resource and
Sexual Assault Centre**

The Portal Youth Outreach Association

RCMP

SchoolsPlus

Second Story Women's Centre

Sexual Health Centre for Cumberland County

Sexual Health Nova Scotia

**Shelburne County Youth Health and Support Association
(Our House)**

Supportive Housing Youth Focus Team (SHYFT)

Nova Scotia Legal Aid Commission

South House Sexual and Gender Resource Centre

South Shore Regional Centre for Education

South Shore Sexual Health

South Shore Transition House (Harbour House)

Stepping Stone

Tearmann Society for Abused Women

Trauma Recovery for Exploited Youth (TREY)

Tri-County Women's Resource Centre

Valley Restorative Justice

Welcome Housing

West Hants Education Centre

Windsor Adult High School

Yarmouth Association for Community Residential Options
(YACRO)

The Youth Project

YMCA Cape Breton

YMCA of Southwest Nova Scotia

YWCA Halifax

Appendix 2: Awareness, Advocacy, & Training Resources

ONLINE RESOURCES

Children of the Street Resources & Toolkits

Children of the Street is dedicated to preventing the sexual exploitation and human trafficking of children and youth in British Columbia through education strategies, public awareness initiatives, and family support. These resources will help you get a better understanding of the issue and the resources available.

WEBSITE: www.childrenofthestreet.com

Click on Resources/Our Resources tab

The Trap

The Trap is an immersive chat experience that exposes youth to the realities of being targeted, recruited and exploited by a perpetrator. It includes four scenarios based on real-life experiences and will have different journeys and results depending on what options you choose. The tool was developed with input from survivors and frontline workers. It is designed to be used as part of a discussion led by an adult facilitator.

WEBSITE: www.mcass.gov.on.ca/htapp/

Canadian Centre for Child Protection - Kids in the Know

Kids in the Know is an interactive safety education program. The purpose of the program is to help teach children and youth effective personal safety strategies in an engaging, age-appropriate and interactive way that builds resiliency skills and reduces their likelihood of victimization in the online and offline world.

WEBSITE: www.kidsintheknow.ca

RESEARCH AND ADVOCACY

Be the Peace Institute

A non-profit working to address the roots and consequences of gender-based violence and advance systemic change for gender equity and social justice through: intersectional research and advocacy; knowledge and resource development; partnership and collaborative activism.

WEBSITE: www.bethepeace.ca

PHONE #: 902-624-8011

GENERAL INQUIRIES: sue@bethepeace.ca

Nova Scotia Health - Community Health Boards

Community Health Boards (CHBs) are a committed group of volunteers who are working together to improve the health of their communities. CHBs advocate for actions to promote and improve health & wellness based on what communities say is most important. Guided by their Community Health Plans, they develop partnerships with local community groups and they award Wellness Fund grants to local community projects.

WEBSITE: www.communityhealthboards.ns.ca

GENERAL INQUIRIES: Find your local CHB:
www.communityhealthboards.ns.ca/find-your-chb

Sexual Health Nova Scotia (SHNS)

The representative body of community-based sexual health centres located in Nova Scotia. All member-centres are autonomous, but adhere to the same principles and practices. SHNS and the member-centres are not-for-profit, registered charities.

WEBSITE: www.shns.ca

PHONE #: 902-543-6900

GENERAL INQUIRIES: provincialcoordinator@shns.ca

TRAINING

Avalon Sexual Assault Centre - Community/Legal Education and Training

Professional training on a wide range of topics related to sexualized violence and trauma informed intervention and response are offered to a range of service providers, community organizations, volunteers, and first responders.

WEBSITE: www.avaloncentre.ca

SEE ALSO: Counselling & Mental Health Services

PHONE #: 902-422-4240

GENERAL INQUIRIES: dee@avaloncentre.ca

YWCA Halifax - Trafficking and Exploitation Services System (TESS) - Commercial Sexual Exploitation of Children and Youth (CSEC) Training Modules

Capacity building training for service providers, front line workers, and emergency responders. Modules 1-4 include introductory topics such as language, context, risk, identification, best practice in service provision and collaboration. Advanced Modules developed include the Criminal Justice Path, Supporting Impacted Families, and Relational Strategies. Other Advanced Modules are currently in development.

WEBSITE: www.ywcahalifax.com

SEE ALSO: Specialized CSEC Programs and Services; Housing; Housing: Additional Housing Supports; Youth Programs & Outreach; Education & Employment Services; Family & Parenting Services; Systems-Based Services

PHONE #: 902-292-3155

GENERAL INQUIRIES: tess@ywcahalifax.com







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